

# Mental Health Services



**Public Health**  
Prevent. Promote. Protect.

Township of Bloomfield  
Department of  
Health & Human Services

According to the U.S Department of Health and Human Services, **One in five American adults experienced a mental health issue (2011)**. Mental health problems are very common but help is readily available.

- **Counseling:** Residents can make appointments for individual, couple, family, group or child/adolescent counseling.
- **Psychiatric Services:** Psychiatric assessment, medication monitoring, and consultation is available for those receiving counseling services at Bloomfield Human Services.
- **Crisis Intervention:** - Individuals experiencing feelings of depression, anxiety, suicide or confusion can reach out to a trained professional for individual or family counseling.
- **Education/Prevention:** Community mental health is a high priority and programs are tailored to specific needs.

**Get more information about Mental Health:** <http://www.mentalhealth.gov/>

**Location: 1 Municipal Plaza, Room 213, Bloomfield NJ 07003**

**To inquire about obtaining an appointment please contact the Bloomfield Human Services Division at 973-680-4017**

**TTY: 1-800-852-7899**

[www.bloomfieldtwpnj.com/health-human-services/](http://www.bloomfieldtwpnj.com/health-human-services/)

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