



Public Health
Prevent. Promote. Protect.

Township of Bloomfield
Department of Health

Social Services Directory

**Bloomfield Township
Caldwell Borough
Glen Ridge Borough
Essex County, NJ**

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1. Assistance Hotlines

Abuse, Neglect, and Exploitation

For emergencies, call 911

Department of Children and Families (DCF)

(877)-652-2873

Report child abuse.

NJ Domestic Violence Hotline

(800)-572-7233

Essex County Sexual Violence Emergency Hotline

(877)-733-2273

Adult Protective Services, Essex County

(866)-903-6287

Report abuse, neglect or exploitation of individuals aged 18 or older living in the community.

Long Term Care Ombudsman

(877)-582-6995

Report abuse of an individual living in a nursing home or assisted living facility.

Disability Services

Aging and Disability Resource Connection (ADRC)

(877)-222-3737

Assistance navigating caregiver services.

Commission for the Blind and Visually Impaired

(877)-685-8878

NJ Division of Deaf and Hard of Hearing

(800)-792-8339

NJ Division of Disability Services

(888)-285-3036

Assistance navigating statewide supports.

NJ Division of Developmental Disabilities (DDD)

(800)-832-9173

Services for adults with intellectual/developmental disabilities.

Mental Health and Substance Abuse

NJ Hopeline

(855)-654-6735

Suicide prevention.

NJ Quitline

(866)-657-8677

Smoking/nicotine quit line.

NJ Mental Health Cares

(866)-202-4357

Free emotional support.

ReachNJ

(844)-732-2465

Addictions helpline.

Veterans

NJ Vet2Vet

866-838-7654

Peer support for service members, families and caregivers.

NJ Veterans Counseling Hotline

(888)-838-7654

Veterans Benefit Hotline

(888)-865-8387

2. Agencies and Organizations

a. Essex County Services

Division of Family Assistance and Benefits

Assesses eligibility and assists with emergency or temporary financial, medical and shelter needs of families and individuals. Services for cash assistance, food assistance, health insurance assistance, utilities assistance and more.

Addresses (Multiple Locations): 18 Rector Street, Newark, NJ 07102

50 S. Clinton Street, East Orange, NJ 07018

465 Martin Luther King, Jr Blvd., Newark NJ 07102

Website: essexcountynj.org/welfare/#loc

Phone: (973)-395-8000

Division of Senior Services

Programs and services for older adults and adults with physical disabilities. Services for financial assistance, legal services, caregiving support, transportation and nutrition.

Address: 465 Dr. Martin Luther King, Jr. Blvd., Room 102, Newark, NJ 07102

Website: essexcountynj.org/senior-services/

Phone: (973)-395-8365

Essex County Mobile Health Clinic

Provides vaccinations and health screenings for uninsured/ underinsured individuals and families in Essex County.

Website (Mobile Sites): <https://essexcountynj.org/mobile-health-clinic/>

Office of the Disabled

Programs to assist clients of all ages. The Personal Assistance Services Program provides information, referrals and personal assistance services to permanently physically disabled adults ages 18 to 70.

Address: 50 South Clinton Street, Suite 4300, East Orange, NJ 07018

Phone: (973)-395-8494

b. Municipal Services

Bloomfield Department of Health (Also serves Caldwell and Glen Ridge)

The Bloomfield Department of Health provides preventative health services. The Department of Health is responsible for sanitary inspections, provides health education on many different health topics, and offers public health nursing services. The Division of Nursing can assist residents in getting a Covid-19 vaccine, and other routine immunizations.

Address: 1 Municipal Plaza, Room 111, Bloomfield, NJ 07003

Website: bloomfieldtwpnj.com/425/Health-Services

Website for Covid-19 Information: bloomfieldtwpnj.com/1527/COVID-19-Information

Phone: (973)-680-4024, or (973)-680-4058 for Nursing

Bloomfield Department of Human Services (Also serves Glen Ridge)

The Department of Human Services provides social service assistance and outpatient mental health services. The Department of Human Services can provide Bloomfield and Glen Ridge residents with mental health services or referrals. The Department provides benefit screenings and application assistance for social services or programs. The Department can help with food, financial assistance, rental and housing, utility, in-home healthcare support, and healthcare assistance. The Department also provides senior services.

Address: 1 Municipal Plaza, Room 213, Bloomfield, NJ 07003

Website: bloomfieldtwpnj.com/217/Human-Services

Phone: (973)-680-4019

Bloomfield Parks, Recreation, and Cultural Affairs Department

The Department provides free or affordable community programs and events that support the wellbeing of the community. Programs are available for children, persons with disabilities, and seniors.

Address: 84 Broad Street, Bloomfield, NJ 07003

Website: bloomfieldtwpnj.com/170/Parks-Recreation

Phone: (973)-743-9074

Bloomfield Public Library

The Bloomfield Public Library provides free programs and activities for children, teens, families and the general public. The Library provides and connects residents with English as a Second language (ESL), adult literacy, and citizenship help. The Library can assist residents with technology and referrals to other services.

Address: 90 Broad Street, Bloomfield, NJ 07003

Website: bplnj.org/

Phone: (973)-566-6200

Bloomfield Senior Citizen Bus & Dial-A-Ride

The Bloomfield Senior Citizen Bus: Drives on a fixed route throughout the town in an attempt to provide senior citizens the opportunity to go to various shopping locations.

Dial-A-Ride Bloomfield: Residents 60 years and older and/or anyone with disabilities can schedule this free transportation service.

Website: bloomfieldwpnj.com/223/Transportation Phone:

(973)-743-9074, or (973)-566-7194 for Dial-A-Ride

Bloomfield Veteran Affairs

Veteran and mental health services.

Address: 2 Broad Street, Suite 703, Bloomfield, NJ 07003

Website: <https://www.bloomfieldwpnj.com/378/Veterans-Affairs>

Phone: (973)-748-0980

Caldwell Health & Human Services Department

The Department provides health and human services as well as oversees the Grover Cleveland Senior Center, the Caldwell West Caldwell Roseland Senior Transportation Program and the Caldwell Food Pantry.

Address: 1 Provost Square, Caldwell, NJ 07006

Website: caldwell-nj.com/human

Phone - Vital Statistics: (973)-403-4623

Phone - Welfare: (973)-403-4624

Phone - Senior Transportation: (973)-226-5108

Phone - Senior Center: (973)-403-4637

Caldwell Public Library

The Caldwell Public Library provides free programs and activities for children, teens, families and the general public. The Library connects residents with career, mental health, and other resources.

Address: 24 D Smull Avenue, Caldwell, NJ 07006

Website: caldwellpl.org/

Phone: (973)-226-2837

Glen Ridge Parks and Recreation

Parks and Recreation provides programs and activities for residents. Senior citizen programs take place at the Glen Ridge Senior/Community Center. The monthly senior citizen newsletter is available through Parks and Recreation.

Address: Senior/Community Center, 228 Ridgewood Avenue, Glen Ridge, NJ 07028

Website: glenridgenj.org/parks.htm

Phone: (973)-748-2924

Glen Ridge Public Library

The Glen Ridge Public Library provides free programs and activities for children, teens, families and the general public. The Library has a homebound delivery service for library materials.

Address: 240 Ridgewood Avenue, Glen Ridge, NJ 07028

Website: glenridgelibrary.org/

Phone: (973)-748-5482

c. Social Service Agencies

Center for Family Services

The Center for Family Services offers continuum of care services, including services in the categories of: Addiction & Recovery, Community Connections, Counseling & Behavioral Health, Early Childhood Education, Family Support & Prevention, Safe & Supportive Housing, Victim & Trauma Services, and Workforce Development.

Addresses (Multiple Locations): East Orange Family Success Center, 132 South Harrison Street, East Orange, NJ 07018

Essex County Outpatient Counseling (appointment only), 86 South Harrison Street, East Orange, New Jersey 07018

Website: centerffs.org/

Phone: (877)-922-2377

Covenant House

Assistance for youth. Housing, mental health, clothing, meals and job services. Addresses: “Newark Rights of Passage”, 330 Washington Street, Newark, NJ 07102, and “Nancy’s Place”, 32 South Willow Street Montclair, NJ 07042

Website: covenanthouse.org/

Phone: Newark location (973)-621-8705, and Montclair location (973)-744-8174

Family Promise of Essex County

Programs to assist families with emergency shelter and homelessness prevention.

Address: 46 Park Street Montclair, NJ 07042

Website: fpessexnj.org/

Phone: (973)-746-1400

Family Support Organization of Essex

Peer support, education and advocacy for parents of children who have emotional, behavioral, mental health, substance use, intellectual and developmental challenges.

Address: 60 Evergreen Pl Suite 900, East Orange, NJ 07018

Website: fsoec.org/

Phone: (973)-395-1441

La Casa De Don Pedro

Housing, job services, health services, utilities services, education and immigration services.

Address: Multiple Newark locations

Website: lacasanwk.org/contact-us

Phone: (973)-482-8312

Neighbor to Neighbor Network (NTNN)

NTNN connects Bloomfield and Glen Ridge residents in need with volunteers. Food Assistance, Friendly Neighbor, Small Home Repairs, and Minor Household Chores programs available to residents who qualify.

Website: volunteerntnn.org/home.html

Phone: (973)-680-4017

Newark Emergency Services for Families

Provides programs and services for homelessness, workforce development, re-entry, housing, family development, and mental health. Family Success Center provides no-cost employment and financial services, referrals to health programs, life skills training, and parent-child activities.

Address: 982 Broad Street, Newark, NJ 07102

Website: nesfnj.org/

Phone: (973) 639-2100 or (973) 639-7620

NJ 211

Free, confidential, and multilingual live assistance 24 hours a day, every day of the year. Community resource specialists connect people local resources for food, utilities, affordable housing, rental assistance, mental and physical health, substance use disorders, child care, senior needs, legal assistance, transportation, disability services and more. NJ 211 also serves as the State Homeless Hotline and New Jersey's Utility Assistance Hotline.

Website: NJ211.org

Phone: 2-1-1 or (877)-652-1148; TTY users, dial 7-1-1 first.

Text Assistance: Text your ZIP code to 898-211

North Ward Center

The Center provides a range of financial, housing, referral and other services through its Child Development Centers, Casa Israel Adult Medical Day Center, Youth Leadership Development Program, and Family Success Center.

Address: 346 Mount Prospect Avenue, Newark, NJ 07104

Website: northwardcenter.org/

Phone: (973)-481-0415

Partnership for Maternal & Child Health of Northern NJ

Services for parents, caregivers, children and families. Pregnancy education and support, programs for fathers, early childhood education, health resources and services, breastfeeding support, and family success centers. Resources and programs available in Spanish.

Addresses: Newark location, 50 Park Place, Suite 700, Newark, NJ 07102, and Irvington location, 50 Union Ave., Ste. 403, Irvington, NJ 07111

Website: partnershipmch.org/ and partnershipmch.org/programs/espanol/ (Español)

Phone: Newark location (973)-268-2280, Irvington location (973)-372-4353

United Way of Greater Newark

Provides aging referrals, financial support and referrals, and family supports and referrals.

Address: 50 Park Place Suite 1025, Newark, NJ 07108

Website: <https://uwnewark.org/contact/>

Phone: (973)-624-8300

United Way of Northern New Jersey (UWNNJ)

UWNNJ supports local community organizations and develops programs that help families in northern New Jersey navigate challenges. Resources and programs for family caregivers, tax prep and filing, child care, emergency assistance, career coaching, and financial education are available.

Address: 222 Ridgedale Avenue, Cedar Knolls, NJ 07927

Website: unitedwaynj.org/find-resources

Phone: (973)-993-1160

3. Caregiver Services

Family Support Organization of Essex

Peer support, education and advocacy for parents of children who have emotional, behavioral, mental health, substance use, intellectual and developmental challenges.

Address: 60 Evergreen Pl Suite 900, East Orange, NJ 07018

Phone: (973)-395-1441

Website: fsoec.org/

Mom2Mom Peer Support Helpline, Rutgers

Rutgers University Behavioral Healthcare Support Helpline. 24-hour, 7 days a week helpline that serves mothers that have children with disabilities. Peer support, clinical assessment, referral to mental health services, and referral to community support groups.

Phone: (877) 914-6662

National Council of Jewish Women (NCJW)/Essex, Center for Women Career and support services to women who must enter or re-enter the workforce to provide for themselves and their families.

Website: ncjwessex.org/

Phone: (973)-740-0588

NJ Division of Family Development (DFD), Child Care Subsidy Program

The Child Care Subsidy Program can help lower-income families who are working, in training or school, or a combination of these activities to pay a portion of their child care. For more information, contact Essex County's Child Care Resource and Referral Agency, Programs for Parents.

Address: Programs for Parents, 570 Broad Street, 8th Floor, Newark, New Jersey 07102

Website: programsforparents.org/

Phone: (973) 297-1114

United Way of Northern NJ (UWNNJ) Caregivers Coalition

UWNNJ Caregivers Coalition offers free programs that promote knowledge and action around critical caregiver issues, and provide access to help for unpaid family caregivers of children with special needs and older adults.

Website: caregiversupport.unitedwaynj.org/

Phone: (973)-993-1160

4. Disability Services

Bloomfield Department of Human Services (Also serves Glen Ridge)

The Department of Human Services provides social service assistance and outpatient mental health services. The Department of Human Services can provide Bloomfield and Glen Ridge residents with disabilities with referrals to social services and assistance.

Address: 1 Municipal Plaza, Room 213, Bloomfield, NJ 07003

Website: bloomfieldwpnj.com/217/Human-Services

Phone: (973)-680-4019

Caldwell Health & Human Services Department

The Department provides referrals for residents with disabilities.

Address: 24 Smull Avenue, Caldwell, NJ 07006

Website: caldwell-nj.com/human

Phone - Welfare: (973)-403-4624

Phone - Senior Transportation: (973)-226-5108

Essex County Office of the Disabled

Programs to assist clients of all ages. The Personal Assistance Services Program provides information, referrals and personal assistance services to permanently physically disabled adults ages 18 to 70.

Address: 50 South Clinton Street, Suite 4300, East Orange, NJ 07018

Phone: (973)-395-8494

Essex County Special Transportation Program

Provides transportation for persons with a disability within Essex County.

Address: Essex County Hall of Records – 465 Dr. Martin Luther King, Jr. Blvd., Room 102, Newark, NJ 07102

Phone: (973)-737-7200

Website: essexcountynj.org/senior-services/

Family Support Organization of Essex

Peer support, education and advocacy for parents of children who have emotional, behavioral, mental health, substance use, intellectual and developmental challenges.

Address: 60 Evergreen Pl Suite 900, East Orange, NJ 07018

Phone: (973)-395-1441

Website: fsoec.org/

National Federation of the Blind of New Jersey

Assistance for blind/visually impaired children to grow up to be productive, fully functioning, independent members of society and to help blind/VI children with additional disabilities.

Address: 254 Spruce St, Bloomfield, NJ 07003

Phone: (908)-590-1747

Website: <https://www.nfbnj.org/chapters-and-divisions/northern-chapter/>

Pillar Care Continuum

Provide vocational and recreational activities for adults with developmental disabilities

Address: 120 Eagle Rock Ave., Suite 290, East Hanover, NJ 07039

Phone: (973)-763-9900

Website: pillarnj.org

5. Financial Assistance

Bloomfield Department of Human Services (Also serves Glen Ridge)

The Department of Human Services provides benefit screenings and application assistance for social services or programs. The Department can help with food, financial assistance, rental and housing, utility, in-home healthcare support, and healthcare assistance.

Address: 1 Municipal Plaza, Room 213, Bloomfield, NJ 07003

Website: bloomfieldtwpnj.com/217/Human-Services

Phone: (973)-680-4019

Caldwell Health and Human Services Department

The Department provides human services and the Caldwell Food Pantry support.

Address: 1 Provost Square, Caldwell, NJ 07006

Website: caldwell-nj.com/human

Phone - Welfare: (973)-403-4624

Essex County Division of Family Assistance and Benefits

Assesses eligibility and assists with emergency or temporary financial, medical and shelter needs of families and individuals. Services for cash assistance, food assistance, health insurance assistance, utilities assistance and more.

Addresses (Multiple Locations): 18 Rector Street, Newark, NJ 07102 50

S. Clinton Street, East Orange, NJ 07018

465 Martin Luther King, Jr Blvd., Newark NJ 07102

Website: essexcountynj.org/welfare/#loc

Phone: (973)- 395-8000

Neighbor to Neighbor Network (NTNN)

NTNN connects Bloomfield and Glen Ridge residents in need with volunteers. Food Assistance, Friendly Neighbor, Small Home Repairs, and Minor Household Chores programs available to residents who qualify.

Website: volunteerntnn.org/home.html

Phone: (973)-680-4017

Newark Emergency Services for Families

Provides programs and services for homelessness, workforce development, re-entry, housing, family development, and mental health. Family Success Center provides no-cost employment and financial services, referrals to health programs, life skills training, and parent-child activities.

Address: 982 Broad Street, Newark, NJ 07102

Website: nesfnj.org/

Phone: (973) 639-2100

North Ward Center

The Center provides a range of financial, housing, referral and other services through its Child Development Centers, Casa Israel Adult Medical Day Center, Youth Leadership Development Program, and Family Success Center.

Address: 346 Mount Prospect Avenue, Newark, NJ 07104

Website: northwardcenter.org/

Phone: (973)-481-0415

United Way of Greater Newark

Provides aging referrals, financial support and referrals, and family supports and referrals.

Address: 50 Park Place Suite 1025, Newark, NJ 07108

Website: <https://uwnewark.org/contact/>

Phone: (973)-624-8300

United Way of Northern New Jersey (UWNNJ)

UWNNJ supports local community organizations and develops programs that help families in northern New Jersey navigate challenges. Resources and programs for family caregivers, tax prep and filing, child care, emergency assistance, career coaching, and financial education are available.

Website: unitedwaynj.org/find-resources

Phone: (973)-993-1160

6. Food Assistance

Bloomfield Department of Human Services (Serves Bloomfield and Glen Ridge)

Call for emergency food services or to schedule a benefits screening. The Department of Human Services can assist qualifying residents with Supplemental Nutrition Assistance (SNAP) benefits formally known as “food stamps”, WIC (Women, Infants, Children) benefits, or the Senior Farmer’s Market Nutrition Program (SFMNP) benefit applications.

Address: 1 Municipal Plaza, Bloomfield, NJ

Phone: (973)-680-4019

Website: bloomfieldtwpnj.com/217/Human-Services

Caldwell Department of Health and Human Services Food Pantry

Food pick up.

Address: 14 Park Ave, Caldwell, NJ, 07006

Phone: (973)-403-4623

Website: cahnj.org/resource/caldwell-food-pantry

Church on the Green

Grocery pick-up every Wednesday & Friday from 9:30 am – 11:00am.

Address: 147 Broad St, Bloomfield, NJ

Phone: (973)-743-1796

Website: bpcog.org/food-pantry/

City Green

Offers seasonal fresh produce for sale. The season is from June through November. Accepts SNAP, WIC and Senior Vouchers. The City Green Veggie Mobile pop-up spots are: Bloomfield Public Library, 90 Broad Street, Bloomfield, NJ 07003

Caldwell Community Center/Caldwell Public Library, 1 Provost Square, Caldwell, NJ 07006

Phone: (973)-869-4086

Website: citygreenonline.org/veggie-mobile

Essex County Board of Social Services

Apply for Supplemental Nutrition Assistance Program (SNAP), Women, Infants and Children (WIC), or Senior Farmer's Market Nutrition Program (SFMNP). These programs assist qualifying participants in purchasing food from vendors who accept these state benefits.

Address: 465 Dr. Martin Luther King Jr. Blvd., Newark, NJ 07102

Phone: (973)-621-4400

Website: essexcountynj.org/welfare/

Human Needs and Food Pantry

Offers grocery bags of fresh fruits and vegetables, meat, non-perishables. Delivery services available for homebound. Must register to receive pick-up or delivery.

Address: 9 Label St, Montclair, NJ 07042

Phone: (973)-746-4669

Website: humanneedsfoodpantry.org

Montclair Emergency Services for Hope (MESH) Café

Offers grab and go bagged meals at Salvation Army in Montclair.

Address: 15 Trinity Place, Montclair, NJ 07042

Website: meshmontclair.org/programs/mesh-cafe

Park United Methodist Church Food Pantry

Food pick up on Thursdays from 6-8pm.

Address: 12 Park St, Bloomfield, NJ 07003

Phone: (973)-429-7745

Salvation Army, Montclair Citadel

Food pantry and meals.

Address: 13 Trinity Place, Montclair, NJ-07042

Phone: (973)-744-3312

Website: montclair.salvationarmy.org/montclair/food-services

Toni's Kitchen

Meal delivery services; meal, produce and grocery delivery for older adults. Soup Kitchen closed due to COVID-19; check website for updates.

Address: St. Luke's Episcopal Church 73 South Fullerton Avenue

Phone: (973)-932-0768 - voicemail only

Website: toniskitchen.org/services/

7. Healthcare and Health Insurance

Bloomfield Department of Health (Also serves Caldwell and Glen Ridge)

The Department of Health provides preventative health services. The Division of Nursing can assist residents in getting a Covid-19 vaccine, and other routine immunizations as well as provide or refer residents to other preventative health screenings.

Address: 1 Municipal Plaza, Room 111, Bloomfield, NJ 07003

Website: bloomfieldtwpnj.com/425/Health-Services

Phone: (973)-680-4058 for Nursing

Cancer Education and Early Detection Screening Program (NJCEED)

Screening services for breast, cervical, prostate, and colorectal cancer. The services include education, outreach, early detection, case management, screening, tracking, and follow-up. Must be at or below 250% of the Federal Poverty Level and be uninsured or under-insured to be eligible.

- Rutgers University Medical School/UH

Address: 65 Bergen Street, Newark, NJ 07103

Phone: (973) 972-0308

- St. Michael's Medical Center, *In the Pink Program*

Address: 111 Central Avenue, Newark, NJ 07102

Phone: (973)-972-0310 or (973)-972-7007

Website: smmcnj.com/our-services/cancer-center/in-the-pink-program

a. Dental Care

Kinder Smile

Provides dental services for child, teens, prenatal and perinatal women.

Address: 10 Broad Street, Bloomfield, NJ-07003

Phone: (973) 744-7003

Website: kindersmile.org

Insurance requirement: Services available to uninsured or underinsured people.

Zufall Health Delta Dental Van

Adult and child dental services.

Address: Mobile, various locations

Phone: Text at (844)-787-1846

Website: zufallhealth.org

Insurance requirement: Services available to uninsured or underinsured people.

b. Federally Qualified Health Centers (FQHCs)

Federally Qualified Health Centers (FQHCs) provide health care to all people regardless of their ability to pay. You don't need health insurance to receive care at a health center. To learn more about FQHCs, visit: www.nj.gov/health/fhs/primarycare/fqhc/.

Jewish Renaissance Medical Center - Dr. MLK Elementary School

Provides primary care and urgent care services for uninsured or underinsured people.

Address: 359 13th Avenue, Newark, NJ-07103

Phone: (973)-679-7709 or (973)-521-5268

Website: <https://www.nps.k12.nj.us/jrmc/>

Newark Community Health Centers: East Orange

Provides primary care and urgent care services for uninsured or underinsured people.

Address: 444 William Street, East Orange, NJ 07017

Phone: (973)-675-1900

Website: nchcfqhc.org/

Newark Community Health Centers: Orange

Provides primary care and urgent care services for uninsured or underinsured people.

Address: 37 North Day Street, Orange, NJ, 07050

Phone: (973)-395-2611

Website: nchcfqhc.org/

Zufall Health Center

Provides primary care and urgent care services for uninsured or underinsured people.

Address: 95 Northfield Avenue, West Orange, NJ, 07052

Phone: (973)-325-2266

Website: zufallhealth.org/

c. Health Insurance

To learn more about health insurance options for New Jersey residents, visit:

www.nj211.org/healthcare-programs-and-resources.

Bloomfield Department of Human Services (Also serves Glen Ridge)

The Department of Human Services has a Certified Application Counselor (CAC) who can help residents navigate the Affordable Care Act (Obamacare). The Department also has a State Health Insurance Assistance Program (SHIP) counselor. SHIP counselors provide free, objective, confidential help to Bloomfield Medicare beneficiaries or soon to be beneficiaries who have problems with, or questions about Medicare, Medigap, Medicare Advantage Plans, Medicare Part D and Long- Term Care insurance.

Address: 1 Municipal Plaza, Room 213, Bloomfield, NJ 07003

Website: bloomfieldwpnj.com/217/Human-Services

Phone: (973)-680-4017

Medicaid

Health insurance available for those with very limited or no income. To Apply for Medicaid, contact the Essex County Board of Social Services.

Address: 320 University Avenue - 2nd Floor, Newark, NJ 07102

Phone: (973)-733-3000

Website (Essex County): essexcountynj.org/welfare

Website (NJ Medicaid): state.nj.us/humanservices/dmahs/clients/medicaid

Medicare

Medicare is for older adults and those with a disability. If you are 65 years or older; under the age of 65 with certain disabilities or have permanent kidney failure which requires dialysis or a transplant, then you are eligible for Medicare. Open enrollment for Medicare is October 15 to December 7.

Website: medicare.gov

NJ Family Care

Health insurance for those who are NOT eligible for Medicaid because you fall above the income requirements. Qualified NJ residents of any age may be eligible for free or low-cost health insurance that covers doctor visits, prescriptions, vision, dental care, mental health and substance use services and even hospitalization.

Website: njfamilycare.org

New Jersey Healthcare Marketplace

Affordable health insurance for residents of New Jersey. Here you can find health insurance for you and your family. You can browse health plans and check if you may qualify for financial help.

Website: nj.gov/getcoverednj/

d. Smoking and Nicotine Cessation

Quitting smoking has immediate and long-term health and financial benefits for you and your loved ones. To learn about the benefits of quitting smoking or vaping, visit:

lung.org/quit-smoking

Essex County Quit Center

Free online individual and group cessation counseling and treatment. Participants may qualify for free or low-cost nicotine replacement therapy (NRT). Spanish-speaking, youth and LGBTQ+ group sessions are available.

Phone: (833)-795-7848

Website: rwjbh.org/treatment-care/institute-for-prevention-and-recovery/programs/nicotine-and-tobacco-recovery-program/

Mom's Quit Connection – Quit for kids

Free counseling services to pregnant women, parents, family and caregivers of young children.

Address: 2500 McClellan Ave #250, Pennsauken Township, NJ- 08109

Phone: (888)-545-5191; Text “quitforkids” to 53016

Website: quitforkids.com

National Cancer Institute (NCI) Smoke Free

Free smoking cessation services. Telehealth, online chat and texting services are available. These services are offered to Veterans as well.

Phone: (877)-44U-QUIT (877-448-7848)

Website: smokefree.gov/tools-tips/get-extra-help/speak-to-an-expert

NJ Quitline

Free telehealth smoking cessation counseling. Participants may qualify for free nicotine replacement therapy (NRT) products.

Phone: (866)-NJ-STOPS (1-866-657-8644)

Website: njquitline.org

e. Urgent Care

Doctor's office Urgent Care of West Caldwell

Urgent Care

Address: 556 Passaic Avenue, West Caldwell, NJ 07006

Phone: (973)-808-2273

Website: <https://doctorsofficeurgentcarewestcaldwell.com/>

Immedicenter

Primary care and urgent care services for all ages. Telemedicine available.

Address: 557 Broad St, Bloomfield, NJ 07003

Phone: (973)-680-8300

Website: immedicenter.com/

New Life Health and Wellness Center LLC

Lost-cost urgent care available to the uninsured or underinsured.

Address: 12 Thornton St, Bloomfield, NJ-07003

Phone: (973)-429-4850

Website: <https://www.newlifementalhealth.com/>

Pediatric Urgent Care

Urgent care services for children.

Address: 780 NJ-3 Clifton, NJ-07012

Phone: (973)-777-6767

Website: pmpediatrics.com

8. Healthy Living

Bloomfield Department of Health (Also serves Caldwell and Glen Ridge)

The Department of Health provides preventative health services. The Department of Health is responsible for sanitary inspections, provides health education on many different health topics, and offers public health nursing services. The Department offers community health programs. The Division of Nursing can assist residents in getting a Covid-19 vaccine, and other routine immunizations.

Address: 1 Municipal Plaza, Room 111, Bloomfield, NJ 07003

Website: bloomfieldtwpnj.com/425/Health-Services

Website for Covid-19 Information: bloomfieldtwpnj.com/1527/COVID-19-Information

Phone: (973)-680-4024, or (973)-680-4058 for Nursing

Bloomfield Parks, Recreation, and Cultural Affairs Department

The Department provides free or affordable community programs and events that support the wellbeing of the community. Programs are available for children, persons with disabilities, and seniors.

Address: 84 Broad Street, Bloomfield, NJ 07003

Website: bloomfieldtwpnj.com/170/Parks-Recreation

Phone: (973)-743-9074

Caldwell Health & Human Services Department

The Department oversees the Grover Cleveland Senior Center, the Caldwell West Caldwell Roseland Senior Transportation Program and the Caldwell Food Pantry.

Address: 1 Provost Square, Caldwell, NJ 07006

Website: caldwell-nj.com/human

Phone - Welfare: (973)-403-4624

Phone - Senior Center: (973)-403-4637

City Green

Urban farm and gardening organization that offers children/teen/adult educational programming, resources to support of environmental stewardship, and produce markets. Offers seasonal fresh produce for sale at their Veggie Mobile. The season is from June through November. Accepts SNAP, WIC and Senior Vouchers. The Veggie Mobile stops at:

- Bloomfield Public Library, 90 Broad Street, Bloomfield; Tuesdays from 3:30-5pm
- Caldwell Community Center/Caldwell Public Library, 1 Provost Square, Caldwell; Thursdays from 12:30-2pm.

Address: 171 Grove Street, Clifton, NJ 07013

Phone: (973)-869-4086

Website: citygreenonline.org/veggie-mobile

Glen Ridge Parks and Recreation

Parks and Recreation provides programs and activities for residents. Senior citizen programs take place at the Glen Ridge Senior/Community Center. The monthly senior citizen newsletter is available through Parks and Recreation.

Address: Senior/Community Center, 228 Ridgewood Avenue, Glen Ridge, NJ 07028

Website: glenridgenj.org/parks.htm

Phone: (973)-748-2924

Hackensack Meridian Health, Mountainside Medical Center

Free virtual health education and support services or groups available. These include maternity and perinatal classes, substance abuse recovery, cancer prevention and treatment, and chronic diseases.

Website: events.hackensackmeridianhealth.org

Montclair YMCA

Many physical activity and social programs available for children and families, including before and after school child care in local schools, summer camps, educational workshops, and health and wellness classes for all ages. Membership financial assistance available to those who live in our service area (includes Bloomfield, and Glen Ridge) with demonstrated financial need. Two locations: Park Street YMCA and Geyer Family YMCA.

Address (Park Street): 25 Park Street, Montclair, NJ 07042

Phone (Park Street): (973)-744-3400

Address (Geyer Family): 159 Glenridge Ave. Montclair, NJ 07042

Phone (Geyer Family): (973)-783-7640

Website: montclairymca.org/

NJ Bike and Walk Coalition

Promotes cycling and walking for fun, fitness and transportation through programs and education. Bike education and bike depots available.

Address: 551 Valley Road, Suite 140, Upper Montclair, NJ 07043

Website: njbwc.org/

RWJ Barnabas Clara Maass Medical Center

Free virtual health education and support services or groups available. These include maternity classes, substance abuse recovery, and other health topics.

Website: rwjbh.org/events/

University Hospital, Newark

The Community Training Center offers American Heart Association Courses to hospital affiliates and the public. Courses include CPR, ACLS, PALS, NRP, First Aid, PEARS, and Blood-borne Pathogens.

Address: 150 Bergen Street, Newark, NJ 07103

Phone: (973)-972-4300

9. Housing and Homelessness Support

Bloomfield Department of Human Services (Also serves Glen Ridge)

The Department of Human Services provides social service assistance including benefit screenings and application assistance for social services or programs. The Department can help with rental, housing and utility, assistance.

Address: 1 Municipal Plaza, Room 213, Bloomfield, NJ 07003

Website: bloomfieldtnj.com/217/Human-Services Phone:
(973)-680-4019

Caldwell Health and Human Services Department

Provides assistance and referrals for social services.

Address: 1 Provost Square, Caldwell, NJ 07006

Website: caldwell-nj.com/human

Phone - Welfare: (973)-403-4624

Family Promise of Essex County Emergency shelter and homelessness prevention.

Address: 46 Park Street Montclair, NJ 07042

Website: fpessexnj.org/

Phone: (973)-746-1400

Home Corp

Affordable housing and financial education services.

Address: 17 Talbot Street Montclair, NJ 07042

Website: homecorp.org/

Phone: (973) 744-4141

Isaiah House

The Residential Services program is a collection of residential and community-based services for individuals and families. Services include short-term shelter, long-term rental assistance, food, and confidential HIV testing, condoms, and support groups.

Address: 238 N Munn Ave, East Orange, NJ 07017

Website: isaiahhouse.org

Phone: (973) 678-5882

Newark Emergency Services for Families

Provides programs and services for homelessness, workforce development, re-entry, housing, family development, and mental health. Family Success Center provides no-cost employment and financial services, referrals to health programs, life skills training, and parent-child activities.

Address: 982 Broad Street, Newark, NJ 07102

Website: nesfnj.org/

Phone: (973) 639-2100

North Ward Center

The Center provides a range of financial, housing, referral and other services. Address: 346 Mount Prospect Avenue, Newark, NJ 07104

Website: northwardcenter.org/

Phone: (973)-481-0415

NJ 211

Serves as the State Homeless Hotline and New Jersey's Utility Assistance Hotline. Free, confidential, and multilingual live assistance 24 hours a day, every day of the year.

Website: NJ211.org

Phone: 2-1-1 or (877)-652-1148; TTY users, dial 7-1-1 first.

Text Assistance: Text your ZIP code to 898-211

Safe House Domestic Violence Shelter

The Safe House is a confidential residence for victims of domestic violence. Emergency shelter, medical attention, case management, legal advocacy, court accompaniment, 24-hour hotline and shelter admission, food and clothing, comprehensive children's program, group and individual counseling, housing advocacy, information and referral, community support group and children's group, children's early education.

Address: RWJ Barnabas Clara Maass Medical Center, 1 Clara Maass Dr, Belleville, NJ 07109

Website: rwjbh.org/clara-maass-medical-center/treatment-care/domestic-violence/

Phone: (973) 759-2154

Start Out Fresh Intervention Advocates (S.O.F.I.A.)

Provides advocacy, supportive services and referrals for temporary housing to "at risk" women and children of domestic violence.

Address: P.O. Box 674, Montclair, NJ 07042

Website: supportsofia.org

Phone: 862-251-6791

Sylvia's Place

Access Family Services. This organization also provides emergency shelter for victims of domestic violence.

Website: sylviasplace.com

Phone: (269)-673-8700 (24/hour crisis line)

10. Immigrant and Refugee Services

American Friends Service Committee

Services address the need among immigrants for access to legal counsel and fair and non-discriminatory treatment by government agencies.

Address: 89 Market Street, 6th Floor, Newark, NJ 07102

Phone: (973) 643-1924

Website: <https://afsc.org/programs/new-jersey-immigrant-rights>

El Centro Hispanoamericano Legal Services

Provides legal representation in immigration cases before the United States Citizenship and Immigration Services (USCIS), information on immigrant's rights and health care benefits, advocacy to counteract anti-immigrant sentiments through education, and referrals to social service agencies, hospitals, and clinics. Also provides food and clothing to those in need.

Address: 525 E Front St, Plainfield, NJ 07060

Phone: (908)-753-8730

Website: immigrationadvocates.org/nonprofit/legaldirectory/organization.393109-El_Centro_Hispanoamericano

First Friends of NJ and NY

Volunteer visitations, resettlement assistance and advocacy.

Address: 53 S Hackensack Ave, Kearny NJ

Phone: (908)-965-0455

Website: firstfriendsnjny.org

FOCUS Hispanic Center for Community Development

The Adult Basic Education ESL/Civics program offers entry-level ESL and civics course to adults. The civics program allows immigrants and other limited English proficient speakers the opportunity to improve their English literacy skills while learning about U.S. history and system of government.

Address: 441-443 Broad Street Newark, New Jersey 07102

Phone: (973)-624-6450

Website: focus411.org

Jewish Vocational Service of MetroWest

Offers adult ESL classes for immigrants and refugees from all backgrounds. Three levels of instruction are provided. Classes meet 12 hours per week for 3 months.

Address: 7 Glenwood Ave., Lower Level, East Orange, NJ 07017

Phone: (973)-674-6330

Website: jvsnj.org

La Casa de Don Pedro

La Casas adult education supports adults interested in sharpening their educational skills to attain their high school equivalency certificate, improve their English skills, or prepare for the U.S. Citizenship exam. Some programs may require a registration fee.

Address: 75 Park Ave, Newark, NJ 07104

Phone: (973)-482-8312

Website: lacasanwk.org

Literacy Volunteers of America Essex and Passaic Counties

Provides literacy services to adults 16 and older.

Address: Bloomfield Public Library, 90 Broad St, Bloomfield, NJ 07003

Phone: (973)-566-6200x225

Website: <http://www.lvaep.org/>

New Community Corporation

The NCC Adult Learning Center provides English for Speakers of Other Languages (ESOL), Citizenship, Adult Basic Education (ABE), Pre-High School Equivalency (HSE) and HSE (English only), Computers for basic and intermediate levels.

Address: 233 West Market Street, Newark, NJ 07107

Phone: (973)-623-2800

Website: newcommunity.org

NJ Coalition Against Human Trafficking

A resource guide organized alphabetically by New Jersey county detailing programs and services available for victims of human trafficking and other forms of domestic violence as well as volunteers.

Address: 30 Chatham Road, Short Hills, NJ, 07078

Phone: (201)-903-2111

Website: <https://www.safernj.org/>

North Ward Center

Adult Occupational Training. Office skills, basic education and English as a second language.

Address: 346 Mt Prospect Ave, Newark, NJ 07104

Phone: (973)-481-0415

Website: northwardcenter.org

11. Latino Services

Clara Maass Center of Excellence for Latino Health

Provides care and community education on diabetes, hypertension, hyperlipidemia, and obesity and cancer.

Website: rwjbh.org/clara-maass-medical-center/treatment-care/latino-health-services/

FOCUS Hispanic Center for Community Development

Provides social services such as emergency temporary food assistance, adult protective services, and the Hispanic Seniors Program. Youth and family programs available. The FOCUS/Essex County College Extension Center offers bilingual students with a High School Diploma or General Equivalent Diploma (GED) the opportunity to complete college credit preparatory courses prior to entering the main campus. English as a Second Language, English literacy, and citizenship classes available.

Address: 441-443 Broad Street Newark, New Jersey 07102

Website: <https://focus411.org/>

Phone: (973)-624-2528

La Casa De Don Pedro

Immigration services, housing, job services, health services, utilities services, and education.

Address: Multiple Newark locations

Website: lacasanwk.org/contact-us

Phone: (973)-483-2703

North Ward Center

The Center provides a range of financial, housing, referral and other services through its Child Development Centers, Casa Israel Adult Medical Day Center, Youth Leadership Development Program, and Family Success Center.

Address: 346 Mount Prospect Avenue, Newark, NJ 07104

Website: northwardcenter.org/

Phone: (973)-481-0415

12. LGBTQ+ Services

Bloomfield Pride

Bloomfield-based committee that hosts cultural and educational events, advises the Town Council, and serves as a resource for LGBTQ+ residents and local advocacy groups.

Website: bloomfieldtwpnj.com/469/Bloomfield-Pride

Essex County Quit Center

LGBTQ+ group sessions. Free online individual and group cessation counseling and treatment. Participants may qualify for free or low-cost nicotine replacement therapy (NRT).

Phone: (833)-795-7848

Website: rwjbh.org/treatment-care/institute-for-prevention-and-recovery/programs/nicotine-and-tobacco-recovery-program/

Garden State Equality

State-wide education and advocacy group that provides resources and events for the LGBTQ+ communities.

Address: 1408 Main Street, Asbury Park, New Jersey 07712

Phone: (973)-509-5428

Website: gardenstateequality.org/

Newark LGBTQ Community Center

A community-based organization committed to providing safe space, programs, and services that support the well-being of the LGBTQ community and our allies in the Newark area.

Located on the 1st floor of the Main Branch of the Newark Public Library.

Address: 89 Market St., Floor 2, Newark, New Jersey 07102

Phone: (973)-424-9555

Website: newarklgbtqcenter.org/

13. Mental Health and Addiction Services

Bloomfield Department of Human Services (Also serves Glen Ridge)

The Department of Human Services provides outpatient mental health services and referrals to other mental health services. The Department of Human Services operates on a sliding fee schedule. Clients will not be refused services due to inability to pay. Most insurance and Medicare accepted.

Address: 1 Municipal Plaza, Room 213, Bloomfield, NJ 07003

Website: bloomfieldtnj.com/220/Mental-Health-Services

Phone: (973)-680-4019

Caldwell Health and Human Services Department

Caldwell Health and Human Services Department can refer residents to appropriate mental health and substance abuse treatment.

Address: 1 Provost Square, Caldwell, NJ 07006

Website: caldwell-nj.com/human

Phone - Welfare: (973)-403-4624

Center for Family Services

The Center for Family Services offers continuum of care services, including services in the categories of: Addiction & Recovery, Community Connections, Counseling & Behavioral Health, Early Childhood Education, Family Support & Prevention, Safe & Supportive Housing, Victim & Trauma Services, and Workforce Development.

Addresses (Multiple Locations): East Orange Family Success Center, 132 South Harrison Street, East Orange, NJ 07018

Essex County Outpatient Counseling (appointment only), 86 South Harrison Street, East Orange, New Jersey 07018

Website: centerffs.org/

Phone: (877)-922-2377

COPE Center

The COPE Center provides evidence-based counseling and community-based services for anyone in the community. General, mental health, and behavioral health counseling are all offered at the center.

Address: 104 Bloomfield Ave, Montclair, NJ, 07042

Phone: (973)-783-6655

Website: oaksintcare.org/services/cope-center/

Family Service Bureau of Newark

Licensed outpatient mental health and substance abuse treatment center. Provides individual and group substance abuse treatment, anger management therapy, and individual, family and couples mental health services. Telehealth is available. Sliding fee scale based on income. Provides “NJ Hope & Healing”: free, virtual services for individuals, families, children, healthcare workers and groups affected by Covid-19.

Address: 274 South Orange Avenue, Newark, NJ 07103

Phone: (973)-412-2056

Website: newcommunity.org/health-care-and-behavioral-health-services/family-service-bureau-of-newark/

Family Service League

Counseling, psychotherapy, and social service support programs for individuals and families of all ages. The programs help parenting, marital emotional, alcohol and drug, aging, depression, and other personal issues.

Address: 440 Franklin St Suite 200, Bloomfield, NJ 07003

Phone: (973)-746-0800

Website: familyserviceleague.org/

Family Support Organization of Essex

Peer support, education and advocacy for parents of children who have emotional, behavioral, mental health, substance use, intellectual and developmental challenges.

Address: 60 Evergreen Pl Suite 900, East Orange, NJ 07018

Phone: (973)-395-1441

Website: fsoec.org/

SAVE (Sexual Assault and Violence Education) of Essex County

Sexual Violence Program for Essex County, part of Essex County's Sexual Assault Team, which consists of Forensic Nurse Examiners, Law Enforcement, and SAVE's Confidential Sexual Violence Advocates. SAVE provides direct services to survivors of sexual violence and their families and to work to prevent sexual violence through education and advocacy.

Phone, 24/7 Toll-Free Confidential Hotline: (877)-733-2273

Phone, Counseling: (973)-746-0800

Website: <https://www.familyserviceleague.org/save-of-essex>

The Bridge

Outpatient mental health and substance use disorder treatment. Counseling, group therapy, case management, and drug screenings for individuals with a substance use disorders.

Address: 860 Bloomfield Ave, West Caldwell, NJ 07006

Phone: (973)-228-3000

Website: thebridgenj.org

Mental Health Association of Essex and Morris

The Family Resource Center offers support, counseling, education, information, and advocacy for families facing the challenge of caring for the loved one with mental illness.

Address: 33 S Fullerton Ave, Montclair, NJ 07042

Phone: 973-509-9777

Website: mhaessexmorris.org

14. Older Adult/Senior Services

Administration on Aging

The Eldercare Locator assists individuals in finding local support services, housing, elder rights, insurance and benefits, health, and transportation assistance.

Website: eldercare.acl.gov

Phone: 1-(800)-677-1116

Bloomfield Department of Human Services (Also serves Glen Ridge)

Provides senior services for residents. The Department of Human Services can provide Bloomfield and Glen Ridge residents with mental health services or referrals, as well as benefit screenings and application assistance for social services or programs. The Department can help with food, financial assistance, rental and housing, utility, in-home healthcare support, and healthcare assistance. The Department also has a State Health Insurance Assistance Program (SHIP) counselor. SHIP counselors provide free, objective, confidential help to Bloomfield Medicare beneficiaries or soon to be beneficiaries who have problems with, or questions about Medicare, Medigap, Medicare Advantage Plans, Medicare Part D and Long-Term Care insurance.

Address: 1 Municipal Plaza, Room 213, Bloomfield, NJ 07003

Website: bloomfieldwpnj.com/217/Human-Services Phone:
(973)-680-4019

Bloomfield Senior Citizen Bus & Dial-A-Ride

The Bloomfield Senior Citizen Bus: Drives on a fixed route throughout the town in an attempt to provide senior citizens the opportunity to go to various shopping locations.

Dial-A-Ride Bloomfield: Residents 60 years and older and/or anyone with disabilities can schedule this free transportation service.

Website: bloomfieldwpnj.com/223/Transportation

Phone: (973)-743-9074, or (973)-566-7194 for Dial-A-Ride

Caldwell Health & Human Services Department

The Department oversees the Grover Cleveland Senior Center, the Caldwell West Caldwell Roseland Senior Transportation Program and the Caldwell Food Pantry. The Department can connect seniors with available social services.

Address: 1 Provost Square, Caldwell, NJ 07006

Website: caldwell-nj.com/human

Phone - Welfare: (973)-403-4624

Phone - Senior Transportation: (973)-226-5108

Phone - Senior Center: (973)-403-4637

Glen Ridge Parks and Recreation

Senior citizen programs take place at the Glen Ridge Senior/Community Center. The monthly senior citizen newsletter is available through Parks and Recreation.

Address: Senior/Community Center, 228 Ridgewood Avenue, Glen Ridge, NJ 07028

Website: glenridgenj.org/parks.htm

Phone: (973)-748-2924

Neighbor to Neighbor Network (NTNN)

NTNN connects Bloomfield and Glen Ridge senior or residents with a disability in need with volunteers. Food Assistance, Friendly Neighbor, Small Home Repairs, and Minor Household Chores programs available to residents who qualify.

Website: volunteerntnn.org/home.html

Phone: (973)-680-4017

United Way of Northern NJ (UWNNJ) Caregivers Coalition

UWNNJ Caregivers Coalition offers free programs that promote knowledge and action around critical caregiver issues, and provide access to help for unpaid family caregivers.

Website: caregiversupport.unitedwaynj.org/

Phone: (973)-993-1160, x209

15. Transportation

Bloomfield-Dial-A-Ride

Offers transportation for medical appointments in Bloomfield. Must be a Bloomfield Resident.

Phone: (973)-566-7194

Website: bloomfieldtwpnj.com/224/Dial-A-Ride

Caldwell, West Caldwell, Roseland Senior Transportation Program

Offers curb-to-curb service in Caldwell, West Caldwell. Locations: Caldwell, West Caldwell. Eligibility: Caldwell, West Caldwell Roseland Residents. Monday-Friday 9:00am-3:30pm; special trips to local malls on Tuesdays.

Call to schedule between 8:15 am and 8:45 am on the day you need a ride.

Phone: (973)-226-5108

Website: <https://caldwell-nj.com/human>

Essex County Special Transportation Program

Location: Essex County. Eligibility: persons with a disability.

Phone: (973)-395-8365

Website: essexcountynj.org/senior-services/

EZ Ride Ryde4Life

Offers low cost on demand rides coordinated with Uber and Lyft. On-demand schedule and no smart phone needed. Location: Essex County. Eligibility: Must register first by phone or online application.

Essex County

Phone: (201)-939-4242, Ext-4

Website: ezride.org/transport

16. Veterans Services

Bloomfield Veteran Affairs

Provides counseling and therapy services for war zone returnees and their dependents. Counseling specialties include: Post traumatic Stress Disorder, Readjustment Counseling, Bereavement Counseling, Alcohol and Drug Counseling, Sexual Trauma Counseling, and, Marriage and Family Counseling. In addition, the center also provides advice and information regarding veteran's benefits and aid in filing claims.

Address: 2 Broad St Suite 703, Bloomfield, NJ 07003

Phone: (973)-748-0980

Website: va.gov/directory/guide/facility.asp?ID=943

Department of Veterans Affairs NJ, Substance Abuse Treatment

Outpatient programs provide group, individual and family therapy. Alcoholics Anonymous meetings, films, and lectures on alcoholism, vocational rehabilitation, and physical therapy.

Address: 385 Tremont Ave, East Orange, NJ 07019

Phone: (973)-676-1000; (973)-676-1000 x1421

Website: va.gov/new-jersey-health-care/locations/east-orange-va-medical-center/