

BLOOMFIELD DEPARTMENT OF HEALTH AND HUMAN SERVICES

HOW TO WASH HANDS

MUST BE POSTED: AT EACH HANDWASHING/FOOD PREP AREAS

FIGHT GERMS BY WASHING YOUR HANDS!

1 Wet your hands

2 Soap

3 Lather and scrub - 20 sec

4 Rinse - 10 sec

5 Turn off tap

6 Dry your hands

DONT FORGET TO WASH:

- between your fingers
- under your nails
- the tops of your hands



Public Health

Prevent. Promote. Protect.

Township of Bloomfield
Department of
Health & Human Services

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