

Health Equity & the COVID-19 Vaccine

Join Mayor Venezia and members of the Town Council along with guest speaker Dr. Chris Pernell, Public Health Physician and American College of Preventive Medicine Fellow, for a community conversation on health equity and the importance of the Covid-19 vaccine.



FEBRUARY 3, 2021 • 6:30 P.M.
[HTTPS://TINYURL.COM/YXD5WTNU](https://tinyurl.com/yxd5wtnu)
PASSCODE: 620028

Make your health a priority!

Mayor Venezia and Town Council to Hold Virtual Community Meeting/Q&A on Health Equity and the COVID-19 Vaccine on February 3 at 6:30pm

With distribution of the COVID-19 vaccine now taking place, Mayor Venezia and the Town Council will be holding a community meeting to discuss health equity and the COVID-19 vaccine.

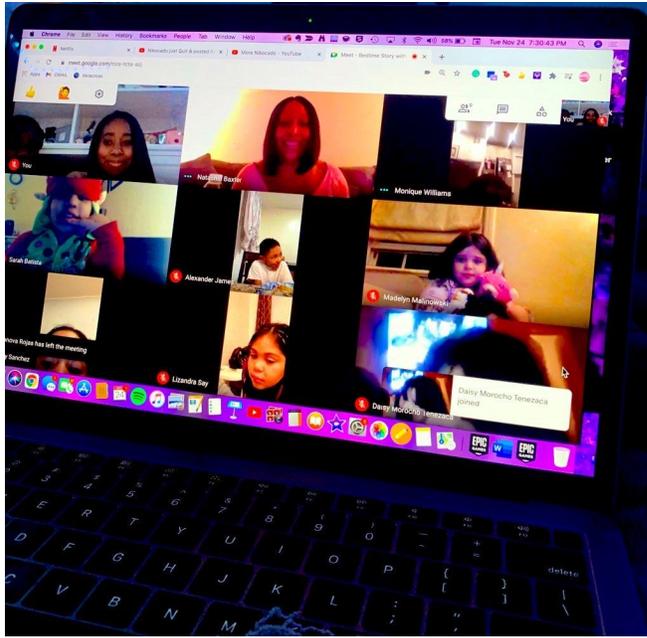
The meeting will take place virtually on February 3 at 6:30pm and guest speaker Dr. Chris Pernell will join the discussion.

The Bloomfield Health Department will make a presentation about the health and efficacy of the vaccine and will be able to answer any question residents may have.

“After months of waiting for a COVID-19 vaccine we are finally seeing residents get vaccinated which is outstanding news. However, many residents have not been able to sign up for the vaccine and some have reservations about receiving the vaccine,” said Mayor Venezia. “It is critical that no group is left out of getting the vaccine and that it is distributed in a fair and equitable manner. For this reason, the Council and I felt that it was important to hold this meeting for our community to answer any questions residents may still have and to invite Dr. Pernell.”

Dr. Pernell is a dynamic physician leader and social change agent. In her public health practice, she focuses on health justice, community-based advocacy, and population-wide health promotion and disease prevention. A board-certified public health physician and American College of Preventive Medicine Fellow, she oversees a portfolio that includes Population Health, Strategic Planning, Community Affairs, and the Human Experience. Her role is to lead health equity and inclusion strategy in an integrated fashion across multiple business units.

To be a part of the meeting, go to tinyurl.com/yxd5wtnu and enter password 620028.



How Berkeley Elementary School is Helping Families Through Uncertain Times

Berkeley School starts each day with a motivational message from the building principal, Dr. Baxter.

This is followed by members of the Leadership Team delivering a message that incorporates five key components: (A) parent updates, (B) student happenings of the day, © daily student motivational chant entitled, Every Kid Needs a Champion, (D) curriculum strategy of the day and/or social/emotional

tip, (E) Words of Wisdom to encourage optimum success for the day~ Make it a great day or not, the choice is always yours. (Berkeley's daily postmark ending)

Coupled with every Tuesday Night, Berkeley School hosts Bedtime Stories with Dr. Baxter in the form of Read Alouds. Read Alouds are powerful because they serve so many instructional purposes. Dr. Baxter looks for read alouds that motivate students to strive to do their best every day. In addition, read alouds selected are used to encourage students who may be depressed due to the pandemic, loss a loved one and/or experiencing fear from the unknown of a better tomorrow. Read alouds are also selected to excite students to keep reading daily. Books can take students on many adventures especially when we are all so isolated due to the pandemic.

Dr. Baxter identified books that assisted students with making connections to themselves, the world or other texts previously read. In uncertain times, students have found joy in coming together with a common goal of going on an adventure each week with a different theme that Dr. Baxter encourages the students to build into their daily life such as honesty, empathy, compassion and love. Read Alouds started off with just a few students but has grown into well over 30+ families coming together every Tuesday night. Some books read together included but not limited to, Love by Matt De La Pena, Ruby the Copycat by Peggy Rathmann, The Giving Tree by Shel Silverstein, and Rainbow Fish by Marcus Pfister.

Department of Parks, Recreation & Cultural Affairs

Recreation Wrestling – 1st – 8th Grade

All signs are pointing towards the NJSIAA having a 2021 High School Wrestling season starting in March this year. As the Recreation Department follows along with the High School sports schedule, we are optimistic that



we will be able to administer a modified Junior Wrestling division for grades 1 through 5 and a Senior Wrestling division for grades 6 through 8. This program will be held at Bloomfield High School.

Registration will begin on or about Wednesday, February 17. Visit our website or give us a call for additional information!

Senior Exercise Programs

Qigong - \$10 via the Zoom App (remaining classes Feb. 2, 9, 16)

Qigong is used to reduce stress, increase vitality and improve overall wellness!

TUESDAYS from 10:00am - 11:00am

Zumba Gold - \$10 (includes 10 classes) Classes start Jan. 27th @ 10:00am via the Zoom App

Zumba Gold is for active, older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

WEDNESDAYS from 10:00am - 11:00am

Jan. 27 Feb. 3, 10, 17, 24

FRIDAYS from 10:00am - 11:00am

Jan. 29 Feb. 5, 12, 19, 26

If you have questions, or would like to join, contact Dana Morton at the Bloomfield Parks, Recreation & Cultural Affairs Department at 973-743-3332 or dmorton@bloomfieldtwpnj.com



Think we stop
having kittens
when it's cold out?

Think again.

Feeding Outdoor Cats? Call CPAW NJ!

Are you feeding outdoor cats or know someone who is? CPAW NJ can help you get them neutered. Kittens die in freezing temperatures. Reach out today! Visit www.cpawnj.org and click "Get Help Here."

CPAW NJ is a nonprofit organization dedicated to helping outdoor cat caretakers trap, neuter and release cats back to their locations. Cats are brought to People for Animals and receive vaccinations and

medical care, if needed, as well as being spayed or neutered. This helps decrease the stray cat population, keeps the cats healthier, and prevents kittens from being born outside.

Help Wanted: Bloomfield Environmental Commission

If you're concerned about our environment and want to "act locally," the Bloomfield Environmental Commission is seeking new members. There are currently openings for two full members and two alternates (who take part in all discussions but only vote if a full member is absent). Recent commission discussions and activities have centered on sustainability, encouraging pollinator gardens, the proposed "rails-to-trails" hiking and biking path along an abandoned rail line and new state laws regarding stormwater management, plastic bags and food waste.

The commission meets monthly each third Wednesday at 7:30pm, currently via Zoom. The public is always welcome. Current members are a mix of professionals in related fields and concerned citizens with an interest in environmental issues. If you are interested in joining the Bloomfield Environmental Commission, please email Councilman Nick Joanow at <njoanow@bloomfieldtwpnj.com> with a brief letter explaining your interest and qualifications.

Recycling Calendar



Week of February 1-commingled (aluminum, glass, plastic recycling codes 1,2,5)

Week of February 8-mixed paper/cardboard

Week of February 15-commingled (aluminum, glass, plastic recycling codes 1,2,5)

Week of February 22-mixed paper/cardboard

Saturday Recycling Hours

The Public Works Yard at 230 Grove St. is open for recycling every Saturday from 9:00am-1:00pm (closed July 4). No garbage or bulk drop off. Bring only mixed paper/cardboard, commingled items-glass, aluminum and plastic (recycling codes 1,2 and 5 ONLY), electronics and used water filters. MASKS REQUIRED.

Bulk Pickup of Large Items

(No metals, appliances) occurs on the second garbage pickup day of each week. Three items maximum. You do not need to call the office to have items picked up.

Metals and Appliances

(Not electronics) are picked up every Tuesday. Call DPW at 973-680-4127 no later than 3:00pm the Monday before scheduled Tuesday pickup. NO TRASH, DIRT AND ROCKS IN VEGETATIVE waste bags. Large branches must be bundled and tied in 4ft. lengths. (Waste bags and bundles may not weigh more than 50lbs).

Recycle Coach App

Recycle Coach: The Township of Bloomfield has partnered with Recycle Coach to help residents reduce waste and become better recyclers. The Recycle Coach App is available for FREE, download on Android and iPhone.

2021 Recycling Calendar

For a full 2021 recycling calendar click [here](#).

February Council Meetings

Due to multiple Executive Orders declared by Governor Murphy and in an effort to prevent further spread of COVID-19, the Monday, February 8, 2021 Conference Meeting (7:00pm), and Monday, February 22, 2021 Regular Meeting (7:00pm) will be closed to the general public.

The Township Council Meetings will be streaming live on Channel 35, (Comcast), Channel 30 (Verizon), YouTube or Facebook Live. A link for the livestream will be posted on the township website, www.bloomfieldtwpnj.com. The public always has an opportunity to make public comment to the Mayor and Council during public meetings. However, with this new format, if you have a comment or a question, please submit it in writing to the Township Clerk at twpclerk@bloomfieldtwpnj.com.

If there are any public comments on the Ordinances on Second Reading, please submit those as well. The Municipal Clerk will read on the record your question or comment during the public comment portion of the meeting. You should submit your name, address and state your question or comment. Submissions will be accepted until 6:45pm on Monday, February 8, 2021 and Monday, February 22, 2021.

If you choose not to email, and would rather speak during the meeting - please dial in using this number 425-436-6348 Access: 277839#. When you are called upon, please state your name, address and then your comment. You will have five minutes total to speak. The agenda as well as supporting resolutions and ordinances can be found on the township website.

Any questions should be directed to the Municipal Clerk's Office at 973-680-4015 during regular business hours 8:30am-4:30pm.

Sign Bloomfield's Green Challenge Pledge TODAY!

Commit to Bloomfield's Green Challenge Pledge and help the township reach its goal for a commitment from at least 500 households. Your commitment will not only keep Bloomfield environmentally friendly and sustainable, but will help get the township



one step closer to renewing its Sustainable Jersey certification. Bloomfield residents who are 18 and over can participate:

<https://tinyurl.com/BloomfieldGreenChallenge>



Bloomfield Public Library

Follow the library on social media for more info and links to Zoom presentations!

2/10 @ 4pm - Understanding and applying for SNAP (in conjunction with the Community FoodBank of NJ)

2/12 @ 2pm - Addressing the Opioid Epidemic. Be Part Of The Solution: Get Help To Prevent & Treat Addiction Presented with the Bloomfield Center Alliance and Bloomfield Health Dept.

2/16@ 6:30pm - Fiction book club, "Silver Sparrow" by Tayari Jones

2/17 @ 6:45pm - Journaling meetup

2/23 @ 6pm - Roots of Black Music in America, Free concert on Zoom

Children's programming:

VIRTUAL PROGRAMS on FACEBOOK:

Spanish Storytime Mondays @ 11

Toddler Storytime Tuesdays @11

PreK Storytime Wednesdays @ 11

Baby Storytime Thursdays @ 11

Craft Time Fridays @ 11

WEEKLY IN-PERSON PROGRAM:

After-school Books & Snacks for grades K-12, every Tuesday from 3-5 inside the main entrance. Students can come grab a snack and request/pickup library materials on-the-spot. Special event during this program on 2/9 from 3-5: free book giveaway for children of all ages and their grownups!

SPECIAL PICKUP EVENT: Take and Make Craft, date TBA. Check our website and social media platforms for details!

Health and Human Services

For information on the COVID-19 vaccine, heart health and more, click [here](#) for the Bloomfield Department of Health and Human Services newsletter!

Bloomfield Human Services is here to help!

Call us for assistance with :

- Food stamp applications
 - Food pantry info
- Food shopping for seniors/disabled residents (limited based on availability of volunteers)
- Health Insurance applications (Medicaid/ACA)
- Assistance with unemployment applications
 - Utility assistance programs
- Rental assistance (if funding is available)
 - Mental health services
 - Wellness calls
 - Senior Services

Call Human Services 973-680-4017

(If you get our voicemail please leave a message and a social worker will call you back!)



Bloomfield Human Services está aquí para ayudar!

Liámenos para asistencia con:

- Solicitudes de cupones de alimentos
- Información de despensa de alimentos
- Compra de alimentos para personas de la tercera edad / residentes discapacitados (limitado según la disponibilidad de voluntarios)
- Solicitudes de seguro de salud (Medicaid / ACA)
- Asistencia con solicitudes de desempleo
- Programas de asistencia de servicios públicos
- Asistencia de alquiler (si hay fondos disponibles)
 - Servicios de salud mental
 - Llamadas de bienestar
- Servicios para personas de la tercera edad

Llame a Servicios Humanos al 973-680-4017

(Si recibe nuestro correo de voz, deje un mensaje y un trabajador social le devolverá la llamada.)



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