

# National Preparedness Month

September is National Preparedness Month. The main objective is to focus on planning, with an overarching theme “Disasters Don’t Plan Ahead. You Can.”

Each week has a sub theme:

Week 1: September 1-9	Make a Plan for Yourself, Family and Friends
Week 2: September 10-16	Plan to Help Your Neighbor and Community
Week 3: September 17-23	Practice and Build Out Your Plans
Week 4: September 24-30	Get Involved! Be a Part of Something Larger

We are all able to help first responders in our community by training how to respond during an emergency and what to do when disaster strikes — where we live, work, and visit. The goal of NPM is to increase the overall number of individuals, families, and communities that engage in preparedness actions at home, work, business, school, and place of worship.

One of the single best ways to prepare for a disaster is to make a Plan. When making a plan think about the specific needs of your family. Make sure to pack your kits ahead of time to be ready and save time incase disasters strike.

For more information on what to include in the kit and how to make your family’s Emergency Plan visit: <https://www.ready.gov/september>

**MAKE A PLAN**  
Include your specific health and safety needs  
when creating your emergency plan.

Ad Council Ready. **READY.GOV/MYPLAN**

**+ IN CASE OF EMERGENCY:**

The infographic features a central title 'MAKE A PLAN' in large, bold, black letters. Below the title is a subtitle: 'Include your specific health and safety needs when creating your emergency plan.' A white line with a central circle branches out to connect to six icons: a black dog, two yellow and black batteries, a blue wheelchair, a blue medicine bottle with two pills, a pair of blue glasses, and a white first aid kit with a red cross and the text '+ IN CASE OF EMERGENCY:'. At the bottom left is the 'Ad Council Ready.' logo, and at the bottom right is the URL 'READY.GOV/MYPLAN'.