

Contact: Karen Lore
Bloomfield Health & Human Svcs.
Phone 973 680 4017

1 Municipal Plaza
Room 111
Bloomfield, NJ 07003

**Township of
Bloomfield
Department of Health
& Human Services**

Press Release

Mental Health Awareness Month

The Bloomfield Board of Health has declared May 2014 Mental Health Awareness Month. The Bloomfield Division of Human Services will provide free and confidential screenings to Bloomfield residents for mental health disorders on May 28, 2014. Screenings will be held at the Municipal Building in Room 213, between 10:00am and 1:00pm. Residents needing alternate times can call to schedule an appointment. Mental Health Awareness Month is designed to draw attention to the symptoms and treatment of mental health disorders and to offer individuals the opportunity to be screened for depression, bipolar disorder, generalized anxiety disorder and post-traumatic stress disorder. Referrals to mental health care providers will also be offered to those in need of treatment.

According to the National Institute of Mental Health, about 19 million or an estimated 10 percent of American adults suffer from some form of depression each year. Women experience depression almost twice as often as men. Untreated depression can lead to suicide. Fortunately, research shows that treatment of depression with medication, psychotherapy, or a combination of both can alleviate symptoms of depression in over 80 percent of depressed people.

For further information, please contact the Bloomfield Division of Human Services at 973-680-4017.

For Immediate Release, May 19, 2014
