

good health

matters at home



and in the community



Department of Health
& Human Services
Bloomfield, New Jersey

2012 ANNUAL REPORT

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www.bloomfieldtwpnj.com/health

Animal Control, Animal Shelter
973-748-0194 or 973-680-4024

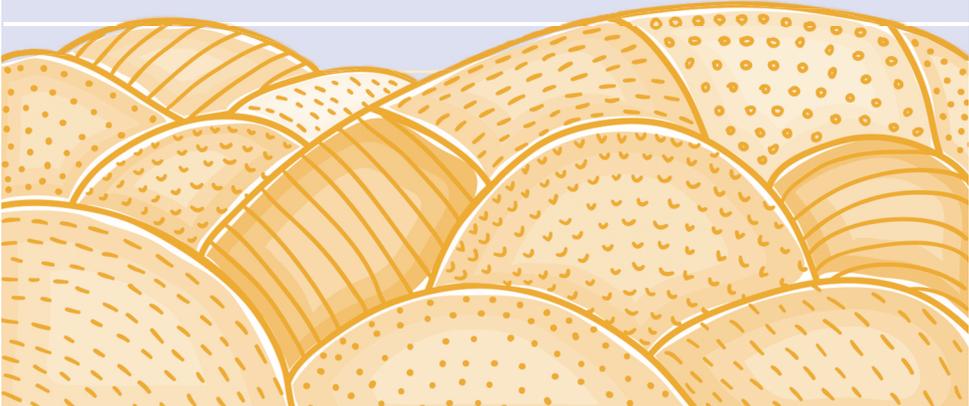
Human Services
973-680-4017

Environmental Services, Inspections
973-680-4024

Public Health Nursing
973-680-4058

Health Education
973-680-4183

Vital Statistics
973-680-4024



Our Vision

Creating healthy communities by promoting healthy lifestyles, protecting the environment, and preventing disease.

Our Mission

To prevent disease and promote physical and mental well-being through policy development, disease detection, prevention, education, and enforcement; and to do so in a culturally competent manner that ensures the highest quality of life for the citizens we serve.

Our Mantra:

Prevention, Not Treatment

Public health agencies focus on prevention rather than treatment of diseases; on populations rather than individuals. Agencies like the Bloomfield Department of Health and Human Services work to improve lives through educational programs, public policy, community services, and research. Our work complements clinical medicine by improving life expectancy and quality of life, and by reducing the incidence of communicable diseases. We also strive to eliminate socio-economic gaps in the quality of health and healthcare.



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Board of Health Greetings

Dear Residents,

The Bloomfield Board of Health is pleased to present the 2012 Bloomfield Department of Health & Human Services annual report. The goal of this report is to inform all of our residents and public health partners of the multifaceted activities conducted by the department during the year. Please review the report to better understand some of our community's important emerging health issues.

The Board is committed to providing services and programs consistent with the needs of our residents and with our mission to ensure the highest quality of public health throughout our community. We encourage your comments and suggestions on our efforts to improve access to important health information, including our web page, www.bloomfieldtnj.com/health, WBMA (Comcast channel 35, Fios Channel 30), our local newspapers, and our official Facebook page, Bloomfield Animal Shelter/John A. Bukowski Shelter for Animals, <http://on.fb.me/H2XtMn>.

We hope you find this report to be of interest and value.

Sincerely,

2012 Bloomfield Board of Health

James McLaughlin, President

Kathleen DeMarino, Vice President

Joel Elkins, Member

Stephanie Smith, Member

Martha Felix, Member

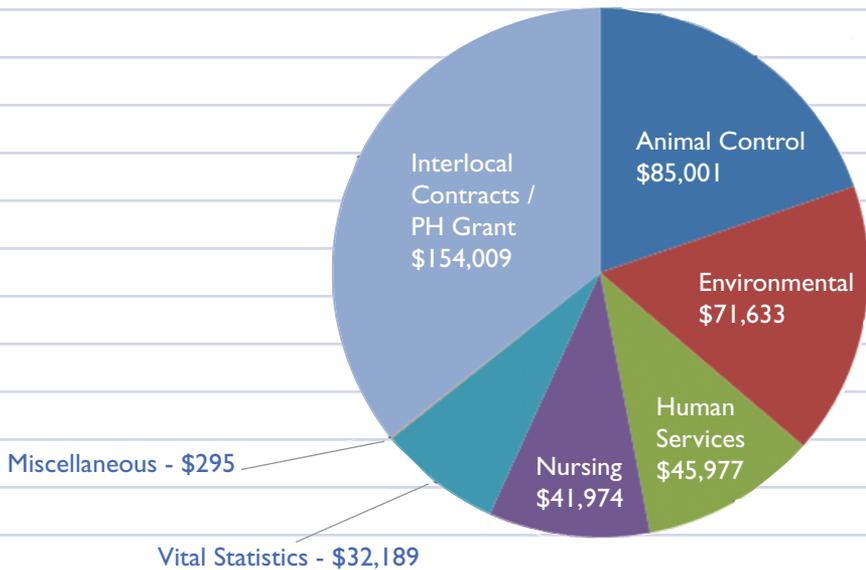
Councilwoman Peggy O'Boyle Dunigan, Board Liaison



2012 Revenue

- Animal Control - \$85,001
- Environmental - \$71,633
- Human Services - \$45,977
- Nursing Division - \$41,974
- Vital Statistics - \$32,189
- Miscellaneous - \$295
- Interlocal Contracts / PH Grant - \$154,009

Total 2012 Revenue: \$431,079



Management Profiles



KAREN LORE, M.S.W., L.C.S.W., D.C.S.W.

Acting Department Director

Karen has extensive training in disaster and emergency response through the NJ Division of Mental Health Services, Disaster and Terrorism Branch. Her clinical trauma training includes critical incident stress debriefings and psychological first aid.

Karen has been with the department since 1988. Prior to becoming the acting director, she directed Social Work Services and supervised Human Services. Her devoted community work led her to form Bloomfield's Neighbor to Neighbor Network.

She holds a master's in social work, and is a licensed clinical social worker with diplomate status in advanced clinical practice. She belongs to the National Association of Social Workers.



PAULA PEIKES, M.S.W., L.C.S.W.

Human Services Supervisor

Paula oversees the Human Services Division. When she began with Bloomfield in 2000, she was the volunteer coordinator working to expand the Neighbor to Neighbor Network, which supports volunteer services for home-bound and/or disabled people, families with limited financial resources, and homeless animals. She was instrumental in filing for NTNN's 501(c)3 status and currently oversees the program. In addition to having a master's in social work, Paula is a licensed clinical social worker, also certified in family systems. She belongs to the National Association of Social Workers.



DONNA WILLIAMS, B.S.N., R.N., B.C.
Public Health Nurse Supervisor

Donna supervises Public Health Nursing and Health Education Services and has been with the department since 1994. She holds a bachelor's in nursing and is board certified as a community health nurse. She is current president of the Suburban Essex Nurse Supervisors' Association and chairs the Bloomfield Volunteer Emergency Squad Board of Trustees. She belongs to the Bloomfield College Nursing Advisory Board and to three nursing associations.

As supervisor, Donna ensures that Nursing adheres to state and federal health regulations, including following protocols in health emergencies. Often, she seeks outside resources that offer no-cost or low-cost clinics and screenings as a way to serve more Bloomfield residents.



F. MICHAEL FITZPATRICK, M.A., R.E.H.S., H.O.
Health Officer

In 2009 Mike became the department's licensed health officer. He holds a master's in community health planning and is also a registered environmental health specialist. He has been a professional presenter throughout the state on topics ranging from health and housing to environmental services. He belongs to national and state environmental health associations, as well as professional organizations devoted to radon scientists, environmental assessments, professional home inspectors and NJ health officers.

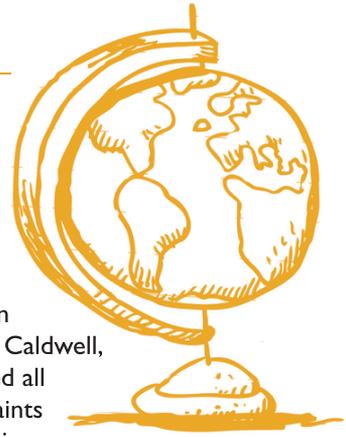


VINCENT NICOSIA, B.S., R.E.H.S.
Environmental Health Supervisor

Vincent has been with the department for 21 years and is the chief registered environmental health specialist, supervising the Environmental Health staff. He enforces health codes that regulate retail food establishments, schools, child care centers and beauty/nail salons. He enforces and resolves environmental complaints in Bloomfield and Caldwell regarding public health nuisances such as solid waste, noise, insufficient heat and certain property maintenance violations.

In addition to his bachelor's degree, Vincent is licensed to conduct lead inspections and risk assessments and has special training in asbestos handling, bioterrorism and food safety. He belongs to the NJ Environmental Health Association.

Environmental Health Services



Environmental Health Services continually aims for a proactive environmental health program to reduce public health threats.

In 2012, we inspected 786 facilities and investigated 2,680 citizen complaints, for a total of 3,466 investigations in Bloomfield. The work resulted in 346 court summonses

and \$25,590 in court fines. In Caldwell, we investigated all citizen complaints to protect residents and fulfill our contractual obligations.

Our Quality of Life program is a proactive way to keep business districts free of litter and compliant with the Environmental Quality Assurance Code. We also respond to and resolve public health nuisance complaints in a timely manner.

In matters of food safety, our office provides education and training sessions for local merchants, and we continually enforce local and state food safety codes.

Sampling & Miscellaneous	
Water samples	624
Food	9
Embargo / Destruction	61
THM / HAA5 *	12
Total Sampling Activities	706

* Tests for residual chlorine.

2012 Retail Food Vendor Inspections	
Chapter 24 food inspections *	322
Chapter 24 re-inspections	128
Hair/nail salons	97
Mobile/temporary vendor	24
Food complaints	57
Pool inspections	9
Certificates of occupancy	82
Temporary food permits	32
Plan review for business renovation or new construction	35
Total Inspections: 786	

* Chapter 24 is the state sanitary code.

Citizen Complaints	
Initial complaint investigations	2,680
Re-inspections	1,812
Total Investigations/Inspections	4,492
Violation notices issued	1,812
Court summonses issued	346

■ Sanitary Inspections

To ensure compliance with state and local regulations, our staff inspected restaurants, schools, churches, day care centers, hair and nail salons, body art shops, gymnasiums, boarding homes, nursing homes, pet shops, youth camps and public pools. During inspections, we stressed food safety practices to merchants. Inspection results were published monthly on the township website and in the local media.

■ Site Complaints

Staff responded to resident complaints about issues such as solid waste, insufficient heat, litter, rodents, noise and certain property maintenance issues. Inspectors conducted timely follow-ups to ensure abatement.

Animal Control maintained a dual role in caring for and finding homes for animals at the animal shelter, and responding to animal control complaints. The shelter staff's routine duties included cleaning, feeding and exercising shelter animals. Staff followed a disease control program that included veterinary care performed by our supervising veterinarian.

In coordination with Environmental Health Services, Animal Control held a successful spring rabies clinics with 137 dogs and cats vaccinated.

Animal control officers performed their core duty of safely securing stray dogs, cats and other animals. The officers also responded to reports of sick or injured wildlife, animal bites, and animal cruelty or neglect. Enforcement actions included notices of violation, bite quarantine notices and summonses.

The Animal Services staff stressed public education in areas such as excluding and deterring wildlife and feral cats, spaying and neutering, relocating lost pets and adopting instead of buying pets.

In Caldwell, animal control officers

responded to animal-related complaints as per our contract obligation.

#	2012 Activities Report
86	Summonses, warnings issued
303	Domestic animal calls and complaint responses
92	Wildlife calls and complaint responses (including removals)
65	Domestic and stray animal pickups (including DOA)
1	Feral cats trapped by animal control officers
23	Wildlife (including DOA) picked up and trapped
8	Animal cruelty investigations
18	Animals quarantined
586	TOTAL
	Other Activities
339.5	Hours spent patrolling
6	Hours of goose and waterfowl control work

Environmental Health Services cont'd from page 8

■ Waste Monitoring

The staff monitored solid waste, litter and illegal dumping issues in township business districts.

■ Potable Water Samples

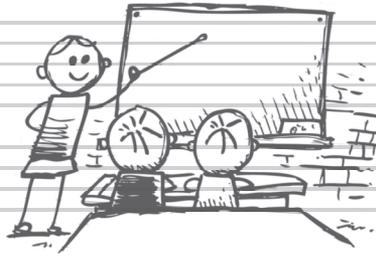
Each month, we acquired 50 potable water samples from residential and business locations to analyze bacteria and chlorine levels in the drinking water.

Samples were analyzed by our state-certified laboratory and results were monitored by the health and engineering departments.

■ Childhood Lead Poisoning

Dwelling inspections and painted surface testing resulted in abatement orders, environmental and nursing intervention, and follow-up inspections as necessary.

Health Education



The Bloomfield Health Educator provides administrative support within the Health and Human Services Department, while also developing and presenting such programs as alcohol abuse control, drug abuse control, tobacco use prevention/cessation, nutrition, injury control, bloodborne pathogen safety, home safety, and HIV/AIDS prevention. Programs are presented solely by the department or in coordination with other community agencies.

Grant Writing

In 2012, the health educator successfully applied for a \$15,000 grant from the Partners for Health Foundation to help fund completion of a community health assessment. The finished assessment will help the department tailor its services to resident needs.

Community Education

Health Education produced press releases and articles for local newspapers, the Health Department website, channel 35 WBMA-TV, the Bloomfield Buzz (township newsletter), Bloomfield Patch, and Nixle (the township's secure messaging service).

The office also coordinated approximately 20 trainings and community health programs for residents and township personnel. Programs included *Healthy Eating*, *Prescription Drug Safety*, *Staying Healthy during Cold & Flu Season*, and *The Power of Positive Thinking*.

Weekly Health Tips

To provide easily accessible public health information, Health Education continued the "Weekly Health Tips" series. The health educator researched timely topics and published concise information with actionable tips. Topics included, *Improve Your Posture*, *Gardening Health & Safety*, *Reduce Your Sodium Intake*, and *Learn the Signs and Symptoms of a Stroke*.

Health Education Website

Our website, www.bloomfieldtwpnj.com/health/health-education, has been revamped and expanded. It is now a clearing house of information about common health related topics.

Super Storm Sandy

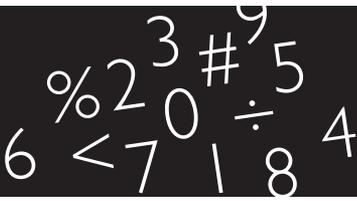
Before, during and after the storm, we used a variety of means to notify residents of safety concerns regarding the weather, power loss, food safety in a power loss, and safe generator use. We spent significant time in the Bloomfield Office of Emergency Management handling resident concerns and dispatching assistance.

National Accreditation

Health Education continued to drive the national accreditation process for the overall department. Using a grant that covers more than half of the Community Health Assessment cost, we began working with a consultant and designed assessment instruments.

Policy Development Assistance

The health educator worked with department management to update several departmental policies.



Vital Statistics



2012 Vital Statistics

267	Marriage/civil union applications accepted
130	Marriage/civil union licenses issued
159	Marriage/civil union certificates accepted for filing
482	Marriage certificates issued
6	Disinterment permits issued
1,572	Certified copies of death certificates filed with ERDS
255	Death certificates filed with the state
265	Resident death certificates
1	Home births accepted and filed with the state
14	Certified copies of Bloomfield birth certificates issued
170	Resident birth certificates accepted

Fees Collected

Total Fees Collected	\$15,049.00
Less State Marriage Fee	- 7,200.00
Total from Bloomfield	\$ 7,849.00
Total from State	\$24,340.00
Grand Total	\$32,189.00

Vital Statistics records and safeguards documents pertaining to the most important events in a person's life: birth, marriage/civil union/domestic partnership, and death. The information is often necessary to obtain a driver's license, a passport, or to secure a job. For a small fee, the office provides the following documents:

- Marriage/civil union licenses.
- Affidavits of domestic partnership
- Certified copies of certificates of birth, marriage, civil union, domestic partnership and death.

The Registrar of Vital Statistics also uses telephone and in-person interviews as well as written communication, to research vital records for funeral directors, attorneys, municipal offices and government agencies.

Human Services



Human Services is the township’s outpatient mental health and social services center. We aim to foster a sense of well-being and wholeness. Public health social workers provide counseling, crisis intervention, home visits and assessments as required by state-mandated practice standards. We are aided by a contracted psychiatrist who prescribes medications and conducts consultations as needed.

At all times, special attention is given to Bloomfield’s most vulnerable populations: the elderly, people with special needs, and children. Public health social workers screen patients to determine if they are receiving all applicable services from government programs and nonprofit agencies. Educational programs, workshops and support groups address emotional and financial needs.

A Summary of Our Services

- Psychotherapy for individuals, couples and groups, as well as play therapy.
- Volunteer services through the Neighbor to Neighbor Network.
- School-based counseling, consultation, and prevention programs.
- Case management for at-risk residents in need of on-going services and referrals.
- Crisis intervention and mental health disaster response.
- Employee assistance program services.
- Psychiatric evaluation and medication monitoring.
- Confidential depression and anxiety screenings.
- Benefit screenings for social and financial services.
- Senior services, both in-home and office-based.

Average Monthly Case Load (by patient)			
	Psychotherapy	Clinical Case Management	Total
Avg Monthly Cases	94	62	156
Caseload By Age			
55 and older	25	34	59
18 – 54 years	44	28	72
17 years and under	25		25

2012 Human Services Highlights

- Began providing social services and volunteer services to the Borough of Glen Ridge.

- Received **\$80,000 to help homeless** individuals and families or those at risk of becoming homeless. The 2012 Homeless/Social Services Block Grant provided assistance on past due rent, mortgage and utility payments, or security deposits.

- **Assessed resident needs after Hurricane Sandy** by working with faith-based organizations, volunteers, and police. Identified and contacted more than 250 vulnerable residents/families regarding emergency preparations. Provided shelter and food to displaced residents and those without power after the hurricane. Provided information on federal, county, and local emergency assistance programs.

- Screened and referred 51 low-income Bloomfield children for participation in the annual back-to-school event of the National Council of Jewish Women. Children received **new school clothing and supplies** while families connected with health and community resources at the council's Family Resource Center.

- Participated on the **Lead Response Team** of the Essex County Youth Traumatic Loss Coalition. Provided on-site crisis intervention to Essex County schools, including Bloomfield and Glen Ridge, to meet the emergency mental health needs of children and adults exposed to traumatic loss from accidents,

suicide, homicide, illness, and disasters.

- Served as a **field-learning site** for graduate social work interns from Rutgers University.

- Trained volunteers and managed services in **local soup kitchens and food pantries** using a grant provide by Partner's for Health.

- **Created a resource guide** of social services and distributed it to Bloomfield residents in need.

- Developed and presented a **workshop on hoarding** to Rutgers School of Social Work graduate students.

- Served as an intake agency for the NJ Shares **utility assistance** program.

more **Highlights** on page 14

2012 Human Services Requests	
Total Initial Contacts	1,608
55 and older	508
18 – 54 years	1,085
17 years and under	15
Female head of household	819

2012 Case Load (by activity)			
Activity	Psychotherapy	Clinical Case Management	Total
Medication Visits	322		322
Office Visits	730	836	1,566
Home Visits	115	295	410
Case Mgmt Hours	490	1,039	1,529
Total Activity	1,657	2,170	3,827

2012 Human Services Highlights

Cont'd from page 13

➤ Screened residents seeking **United Way financial assistance** in collaboration with United Way of Bloomfield.

➤ **Coordinated psychiatric services** for students at Bloomfield College in collaboration with the college counseling center.

➤ Disbursed 125 **farmers market vouchers** to low-income seniors. Vouchers came from the Essex County Division on Aging.

➤ **Victims of a significant 2012 fire** got assistance with temporary housing provisions thanks to a Human Services collaboration with the Red Cross, local police and fire services, the health officer. Human Services provided emergency case management and helped with temporary housing for Bloomfield families who were displaced or whose belongings were lost in the fire.

➤ Human Services Supervisor **Paula Peikes was named Woman of the Year** during the Mayor Raymond J. McCarthy Charity Gala.

➤ Served on Community Liaison Board for Bloomfield High School's Youth Services Program.

➤ Participated on the monthly PAC/PACADA/Co-Occurring Taskforce meeting.

Human Services Grants Received

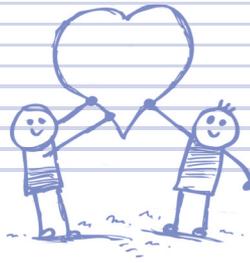
- \$80,000 FY 2012 Social Services for the Homeless/ Social Services Block Grant
- \$32,000 CDBG

Partnership Grants and Contracts

- Partners for Health, \$20,000
- Partners for Health Case Management, \$3,600
- Grotta Fund for Senior Care (Jewish Community Foundation of Metro West NJ), \$10,000
- Investors Bank Foundation, \$2,500
- Wells Fargo, \$1,000
- Felicity Contract, \$20,000
- Mayor Raymond J. McCarthy Charity Fund, \$2,500

Human Services Collaborations

Thanksgiving baskets delivered	341
People who attended holiday events	286
Holiday gifts (from churches, individuals, businesses)	700
Holiday food units received from the pantry for holiday meals	100
Served as a distribution site for Essex County Division of Aging to disburse 125 farmers market vouchers	125



Mental Health and Social Services

Confidential outpatient counseling is available for many mental health disorders, including depression, anxiety, panic, post-traumatic stress, bipolar or phobias, and issues related to grief, aging, self-esteem or family conflict. All clinical services are strictly confidential and fees vary depending on income and family size. No one is refused service due to inability to pay.

■ **Counseling.** Residents can schedule appointments for individual, couple, family, group or child/adolescent counseling. Home-based counseling for seniors and people with disabilities is also available, as well as play therapy for children as young as age 4, and school-based child counseling as requested.

■ **Psychiatric Services.** A consulting psychiatrist is available for psychiatric assessment and medication monitoring. Home-based consultations and assessments for seniors and disabled residents are available when indicated.

■ **Crisis Intervention.** Individuals who experience depression, anxiety, suicidal thoughts or confusion can reach out to a trained professional for individual or family counseling. The division also offers psychological first aid, on-site assessment and referral, and phone support during regular business hours. The staff also responds to police requests for assistance in psychiatric emergencies.

Social Services / Welfare Contact (nonclinical)

Analysis type	Total Served
# of benefits screenings conducted in food pantry	250
Units of food delivered from pantry	4,800
Utility screenings/referrals	395
Welfare van appointments at municipal building	200
Total Referrals, Low / Moderate Income Families	6,899

Senior Services

■ Information and Referral.

To help seniors remain independent and in their own homes, the division provides a social work professional to identify individual needs and appropriate resources.

■ **Outreach.** Home visits are designed to assist seniors with problem-solving. Home-based counseling and mental health assessments are provided when requested.

■ **Consultation.** The staff consults with family members, groups and organizations regarding senior citizen issues.

Human Services / Volunteers Activities

■ **The Friendly Visitor Program** serves elderly residents of Bloomfield and Glen Ridge who are isolated, homebound and struggling to stay independent. Volunteers provide companionship, assist with grocery shopping, errands, and minor home care.

In 2012, 42 new volunteer/client matches were made, bringing the number of seniors in the program to 75. About 3,900 visits were conducted in 2012.

■ **Sixty-five nursing students from Bloomfield College** became involved in the Friendly Visitor program in 2012. Students were paired and then matched with a senior for bi-weekly visits. Throughout the year, they conducted 1,690 visits. They learned to communicate with seniors and appreciate the geriatric population while alleviating loneliness.

■ **Food Delivery Program** - Volunteers work with the Human Needs Food Pantry in Montclair to deliver food to those who qualified for food assistance, but who cannot get to the pantry due to age or disability. Often, the deliveries are the recipients' only source of food.

In 2012, weekly deliveries were made to more than 100 Bloomfield individuals and families who received fresh fruits, vegetables, meat/poultry and canned goods.

■ **Trap-Neuter-Return** - Homeless cats are trapped using humane cage traps. The cats are spayed or neutered, vaccinated against rabies and distemper, treated for ear mites, fleas and worms, then returned to the managed colony

where they were trapped. At least one volunteer is assigned to each managed colony for feeding and monitoring for injuries, pregnancies or new cats.

■ **Township of Bloomfield, John A. Bukowski Shelter for Animals** - The Neighbor to Neighbor Network oversees the dedicated shelter volunteers who walk dogs, socialize cats and groom animals. Volunteers also provide administrative support, and serve on shelter committees, including adoption, trap/neuter/release, fundraising, and media.

■ **Community Collaboration** - Local colleges, faith and community groups, and businesses support volunteer services throughout the year. They help with fundraisers, food drives, coat drives, and toy drives. They also provide holiday parties for low-income families, and volunteer at the events.

■ **Home Repairs for Seniors in Need** - During the summer in 2012, Human Services and its volunteers partnered with United Methodist Action Reach-Out Mission by Youth, or U.M. ARMY, to provide free home repairs for approximately 50 residents of Bloomfield and Glen Ridge. The volunteer teens did interior and exterior painting, replaced stairs, built handicap ramps, and more for residents in need. The program will return in the summer of 2013.



Human Services / Volunteers Activities

Senior Services in 2012	
Seniors served	160
Volunteers recruited, trained for senior programs	139
Volunteer hours spent visiting with seniors	4,160
Volunteer hours spent delivering food to residents	1,560

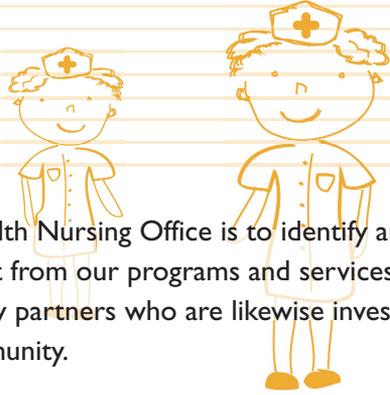


Additional Collaborations, Referrals and Partnerships

Bloomfield Human Services and its volunteers collaborate with these community partners to provide comprehensive resident services:

- Adult Protective Services
- American Red Cross of Metrowest
- Birthright
- Bloomfield College
- Bloomfield Democratic Party
- Bloomfield Public Schools
- Brookside Garden Center
- Building managers in rental properties
- Community Health Law Project
- Dentistry for Children
- East Orange Mobile Crisis/Screening Center
- Dorot's University Without Walls
- Generazio Associates
- Home Friends
- Essex County Community Action
- Essex County Division of Senior Services
- Essex County Division of Welfare
- Faith-based organizations
- Family Support Organization of Essex County
- Hoffman La Roche
- Integrated Case Management Services
- Intensive Family Support Services
- Kinder Towers and Felicity Towers
- La Casa de Don Pedro
- Lions Club
- Local hospitals (Mountainside, Clara Maass, East Orange General)
- Lummus Technology
- Mayor Raymond J. McCarthy Charity Fund
- Montclair Human Needs Food Pantry
- Monica's Hair
- Montclair Neighborhood Development Corp.
- Nanina's in the Park
- National Council of Jewish Women
- Newark Emergency Services
- Newark Legal Services
- NJ Div. of Vocational Rehabilitative Services
- NJ Div. of Youth and Family Services
- NJ SHARES
- NJ Social Security Disability Determination
- Pantry Partners
- Partners for Health
- Partners for Women and Justice
- Perform Care
- Projects for Assistance in Transition from Homelessness
- Project Live, Inc. (supportive housing)
- Program of Assertive Community Treatment
- Rutgers University
- Salvation Army
- ShopRite
- The Olive Garden
- Town Pub
- United Way of Bloomfield
- Van Tassal Funeral Home
- Wells Fargo

Public Health Nursing



Our aim in the Bloomfield Public Health Nursing Office is to identify and reach out to all residents who can benefit from our programs and services. We do so while collaborating with community partners who are likewise invested in improving the health of the greater community.

Savings for Public Health Nursing Users

Bloomfield Public Health Nursing programs and screenings are significantly less costly than the same services from private healthcare providers. Compare our 2012 costs in four programs.

Screenings and Programs

Private - \$177,110
PHN - \$6,039
Savings for PHN users - \$165,901
Savings increase from 2011 - 37%

Adult Vaccination Program

(includes office visit and vaccine)
Private - \$63,687
PHN - \$4,665
Savings for PHN users - \$53,726
Savings increase from 2011 - 199%

Pediatric Vaccines, Screenings

Private - \$83,776
PHN - \$4,700
Savings for PHN users - \$79,076
Savings increase from 2011 - 13%

Tuberculosis Control Program

Private - \$37,360
PHN - \$4,755
Savings for PHN users - \$31,455
Savings from 2011 to 2012 - none

The significant uptick in screening vaccine program participation reflects increased outreach through the Bloomfield Patch and on Nixle. More residents learned about the programs, then spread the word to neighbors and friends.

Thank You Community Partners

Bloomfield College, Frances M. McLaughlin
Division of Nursing
Bloomfield College Health Office
Caldwell College
Clara Maass Medical Center Community Health
Dr. Anthony Ricciardi
Dr. Maryann Alessio
Essex County Division of Senior Services
Hackensack UMC

Mountainside Community Health
Medical Diagnostic Laboratories
Neighbor to Neighbor Network
New Life Health & Wellness Center
New Light Baptist Church
UMDNJ S.A.V.E. Program
Watchung Presbyterian Church
William Paterson University

2012 Nursing Activity Report	
3,415	Health information inquiries, including phone calls, walk-ins
734	Referrals to other agencies, e.g., Planned Parenthood, or federally qualified health care centers, or STD/HIV testing
91	Assistance to child care centers
29	Immunization audits conducted at child care centers
1,014	Child care center charts audited
125	Instances of assistance to public school nurses
11	Bloomfield public schools audited
2,027	Immunization audits conducted at Bloomfield public schools
214	Immunization deficiencies found during child care center audits
226	Immunization deficiencies found during public school audits
62	Tuberculosis medications ordered
893	Appointments made for clinics/ screenings: child or employee health, chest clinic, bone density, respiratory screening, blood chemistry, etc.
785	Vaccine doses ordered for Well Child Program
129	Well Child vaccine inventory
1,048	Temperature checks on stored vaccines to ensure safety
427	“Welcome New Baby” letters sent (Well Child Program)
162	Flyers prepared for upcoming clinics and screenings
284	Flyers mailed to community partners



Programs / Screenings

- Blood Pressure – 72 screenings, 426 participants, 28 referrals.
- Urinalysis – 1 screening, 4 participants, 1 referral.
- Diabetes – 1 screening, 3 participants, 0 referrals.
- Colorectal Cancer – 68 screening kits distributed, 0 referrals.
- Bone Density – 4 screenings, 37 participants, 5 referrals.
- Pap Smear and Mammogram – 3 screenings, 69 participants.
- Respiratory Screening – 2 screenings, 13 participants.
- Blood Chemistry and PSA – 1 screening, 77 participants, 5 referrals.
- Stroke – 3 screenings, 24 participants.
- Lipid Panel Profile - 3 screenings, 27 participants, 6 referrals.
- PSA and Digital Rectal Exam - 1 screening, 15 participants, 3 referrals.

Notable Nursing Activity Increases from 2011 to 2012:

- Health inquiries up 16%
- Referrals to healthcare agencies up 34%
- Children’s vaccine orders up 47%

Public Health Nursing



Well Child Program

The Well Child Program (or Child Health Conference) is a weekly vaccine program for Bloomfield, Glen Ridge and Caldwell residents ages 2 months through 18 years, who are uninsured, underinsured, or have New Jersey Family Care. The program includes:

- Age-appropriate vaccines
- Nursing assessment
- Health counseling
- Growth, development assessment
- Nutritional assessment
- Physical exam by our physician
- Lead and anemia screening based on age and risk
- Tuberculin skin test, if indicated
- Autism screening
- Depression screening for new mothers.

Notable Well Child Program increases from 2011 to 2012:

- Program registration increased 10%
- Correspondence to parents/guardians increased 4%
- New patient registrations, up 5%
- Nurse assessments, up 9%
- Tuberculin skin test (separate from TB program), up 50%
- Post-partum depression screenings, up 11%

* *New Jersey Immunization Information System. Provides current, recommended immunization schedules for infants, adolescents, and adults.*

#	WCP Activity	Refs
421	Immunization records assessed	
107	Registered into WCP	
321	Children entered into NJIIS *	
82	Discharged from WCP	
361	Outreach to parents/guardians, health care providers, or school	
40	WCP sessions in 2011	
132	New patients	
102	Previously seen patients, with first-time appointment in 2011	
78	Patient revisits	
281	Exams by WCP physician	2
423	Parents/guardians who received nurse assessment/counseling about their kids	1
310	Immunizations administered	
7	Tuberculin skin tests	
30	Childhood lead screening	
31	Childhood anemia screening	
80	Ages and stages questionnaires	4
305	Nutritional assessments	1
316	Oral assessments	
695	Vaccines administered	
351	NJIIS data entry	
390	Charts prepared for WCP clinic	
18	Postpartum depression screenings	1
17	Autism screenings	

Childhood Lead Poisoning

Public Health Nursing provides medical case management for any Bloomfield, Caldwell or Glen Ridge child with a venous blood lead level of 10 ug/dL or higher. We instruct parents and guardians on in-home lead reductions and work with certified lead inspectors when abatement is needed.

Case follow-up extends five years since it may take that long for a child's normal blood lead level to return.

Cases are reported and tracked on Welligent LeadTRAX, a confidential computer system of the NJ Department of Health.



2012 Lead Poisoning Cases	
11	Active cases
6	Closed/transferred cases
5	Public Health Nurse home visits
11	Active cases as of December
251	Correspondence to parent/HCP
36	Lead results entered on NJIIS
519	Welligent LeadTRAX monitoring

Notable Lead Poison Program Increases from 2011 to 2012:

- New cases up 57%
- Public health nurse correspondence up 27%
- LeadTRAX monitoring up 17%

Non-Public School Health Services

Public Health Nursing provides health services to St. Thomas the Apostle School in Bloomfield. A part-time public health nurse conducts screenings, distributes medication and first aid to students, and manages immunization audits. The nurse also assists with health policies.

#	Non-School Activity	Refs
1,226	First aid to students	173
1,065	Students with illness	327
281	Medication distribution	8
268	Immunization records assessed	17
1	Tuberculin skin testing: staff and/or student	0
225	Heights and weights	0
105	Vision screening	3
97	Hearing screening	1
53	Blood pressure screening	1
9	Child study team screenings	0
99	Pediculosis assessment (head lice)	3
3	School delegates trained on EpiPen	
2	Student transports by EMT squad	

Notable Non-School Activity Increases from 2011 to 2012:

- First aid treatments increased 36%
- Referrals to parents/guardians or health care providers increased 226%
- Ill students seen increased 48%
- Ill student referrals increased 124%

NJ Family Care

A representative from New Jersey Family Care comes to the Public Health Nursing office on most Wednesday mornings. The representative helps residents fill out Family Care applications accurately and helps them understand the program more clearly.

Perinatal Hepatitis B Prevention Program

5	Active cases as of December
6	New cases
3	Closed/transferred cases
77	Correspondence to pregnant woman or healthcare provider

Pregnant women who are hepatitis B positive are referred to Public Health Nursing for health counseling regarding transmission of the disease as well as prenatal care. Education and possible vaccination are provided to the woman's household and sexual contacts.

The child, when born, becomes our patient until age 18 months. We administer all vaccinations and serology and report to the state.

Adult Vaccine Clinic

This program increased exponentially in 2012. Vaccines administered to residents ages 19 and older included Tdap, human papilloma virus, meningitis; pneumonia, MMR, hepatitis B, hepatitis A, zostavax (shingles) and varicella (chicken pox). Increased participation can help prevent diseases in the adult population.

115	Number of sessions
315	Patients seen
567	Nurse assessments/counseling
351	Vaccines administered

Notable Vaccine Program Increases from 2011 to 2012:

- Patients receiving vaccines, up 826%
- Vaccines administered, up 778%

Tuberculosis Control

Public Health Nursing performs tuberculin skin tests for residents who require the test for employment or school entrance. Once a month, a physician examines residents diagnosed with latent tuberculosis infection. The physician may prescribe cost-free medication, provided by the state. Case management is provided to those prescribed medication therapy.

426	Total patient appointments
304	Total tuberculin skin tests
6	Tests referred
8	Referred for chest X-ray
9	Referred for bloodwork
1	Referred for abnormal chest X-ray or bloodwork
186	Medication pickup
204	Patients discharged
5	Active cases as of December
195	Patient/physician correspondence
32	Reports to schools

Notable TB Program Increases from 2011 to 2012:

- Patient appointments up 18%
- Skin tests administered up 24%

Senior Home Visits

During monthly visits to homebound senior citizens, we conduct a nursing assessment including medications, home safety, nutrition, changes in health, and support systems. Referrals to outside resources are made when indicated.

In 2012, two public health nurses conducted 252 senior home visits and made 27 referrals.

Communicable Diseases

23	Hepatitis B - chronic
30	Hepatitis C - chronic
37	Lyme Disease
10	Campylobacter
15	Varicella
6	Rocky Mountain Spotted Fever
7	West Nile Virus
6	Legionellosis

Other cases investigated: babesiosis, ehrlichiosis, giardiasis, haemophilus influenzae, hepatitis A, influenza (types A and B), mumps, pertussis, salmonella, shigellosis, and streptococcus.

Total cases investigated: 194

Program Notes

- Communicable diseases are reported to the state through the Communicable Disease Registry Surveillance System, a secure online system.
- Chart includes 29 lab work updates.
- 26 cases of chronic hepatitis B were re-opened and patients contacted about pregnancy status.
- 225 contacts made with healthcare providers and patients for status updates.
- Educational literature mailed to 26 patients with chronic hepatitis C.
- Chart numbers do not include Caldwell and Glen Ridge.
- Contacts regarding new cases were up 8% over 2011.
- All literature mailings to patients increased 42% over 2011.

2012 Public Health Nursing Highlights

- Established a community partnership with Clara Maass Medical Center Community Health to provide low-cost or no-cost screenings and programs, including digital rectal exams conducted by a urologist.

- Established a partnership with New Light Baptist Church to offer a new monthly blood pressure screening.

- Introduced a lipid panel profile screening to test cholesterol, HDL, LDL and triglycerides. Counseling on results was included.

- Awarded 2013-2015 grant from Essex County Division of Senior Services to continue nursing home visits to seniors.

- Revised the “Public Health Nurse” section of the Health Department website: www.bloomfieldtwpnj.com/health/public-health-nursing.

- Established agreements with Caldwell College, William Paterson University and Bloomfield College whereby nursing

students came to the Bloomfield Public Health Nursing office for clinical experience. Some students worked with staff to conduct required community projects.

- Held an evening vaccine program, NJ Vaccines for Children, for sixth grade students in Bloomfield public schools. Eligible students received state-mandated Tdap and/or meningitis immunizations.

Also participated in an adult vaccine program thanks to a collaboration with the Bloomfield College Health Office.

During the state’s annual audit of the vaccine program, Bloomfield Public Nursing was rated “No Recommendations Necessary.”

- Bloomfield public health nurses were invited to conduct screenings at the New Light Baptist Church Annual Community Day, New Life Health & Wellness Center’s “Putting Prevention into Action,” and Bloomfield Township’s Public Safety Day.

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of Health & Senior Services**
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