

Screening Mammograms Save Lives



***For every 1,000 women who have a screening mammogram:**

- 100 are recalled to get more mammography or ultrasound images
- 20 are recommended for a needle biopsy
- 5 are diagnosed with breast cancer

Together, Clara Maass Medical Center and Komen North Jersey are partnering to offer free screening mammograms (*including diagnostic mammograms*) and biopsies for women of color between the ages of 40 and 59.

A prescription from your primary care physician is required.

Schedule an appointment today: 973.450.2045

For eligibility to receive a free screening mammogram, you must meet the following criteria:

- Are of African American or Latino descent
- Live in Bergen, Essex, or Hudson County
- Either have no insurance or insurance does not cover screening mammograms
- Must meet income guidelines



**Clara Maass
Medical Center**

**RWJBarnabas
HEALTH**

RUTGERS
Cancer Institute
of New Jersey
RUTGERS HEALTH

*According to MammogramsSaveLives.com

Let's beat cancer together.

Clara Maass Medical Center Radiology Department | One Clara Maass Drive, Belleville, NJ

A mammography is an x-ray of the breast that is used to detect and evaluate breast changes. The American Cancer Society recommends women age 45 to 54 years should be screened annually. Women aged 55 years & older should transition to biennial screening or have the opportunity to continue screening annually. Women in their 20's and 30's should have a clinical breast exam at least every 3 years.

Early detection of cervical cancer can be done through a pap smear. The American Cancer Society recommends women age 21 through 65 years have a pap smear at least every 3 years: It is recommended that women over age 65 years may stop cervical cancer screening as long as they had regular screenings and was not diagnosed with any serious pre-cancers.

Bloomfield Health & Human Services is offering a

FREE Pap Smear & Mammography Screening or FREE Clinical Breast Exam

(Essex County residents)



Thursday, March 7, 2019
Thursday, October, 10, 2019
9:00 am by Appointment Only

Pap Smear is FREE to Uninsured or Underinsured women age 21 and over;
Mammography is FREE to Uninsured or Underinsured women age 45 and over;
Clinical Breast Exam is FREE to Uninsured or Underinsured women age 21 through 45

Income requirements must also be met

Location: Bloomfield Public Health Nursing Office; 1 Municipal Plaza – Lower Level; Bloomfield NJ
Call the Bloomfield Public Health Nursing Office to register – 973.680.4058

The screenings are provided by Rutgers Medical School S.A.V.E Program

Appointments are limited

Receive important health department updates & emergency notifications on your mobile phone or email. Sign up for NIXLE at: www.nixle.com or
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