



Public Health
Prevent. Promote. Protect.

October

This October, **The Health Department** is proud to participate in National Breast Cancer Awareness Month. Breast cancer is the second most common kind of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that most women can survive breast cancer if it's found and treated early.

- If you are a woman age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.
- If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often.

Talk to a doctor about your risk for breast cancer, especially if a close family member of yours had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

- **Breast Cancer Education & Resources can be found on our township website.**
- **Follow the Facebook and Twitter page for more information about Breast cancer and how to prevent it.**

For more information, visit <https://ww5.komen.org/BreastCancer/AboutBreastCancer.html>