

BMAC: Bloomfield Municipal Alliance Committee



Agenda for Bloomfield Municipal Alliance

This June 14, 2021 regular (quarterly) meeting of the Bloomfield Municipal Alliance is called to order. Public Notice of this meeting in compliance with the Open Public Meetings Act was given by public notice appearing in *The Bloomfield Life* and posted on the public bulletin board in the Municipal Building and Health Department website. Public comments on matters of public health or any item on the Agenda shall be called by the chair prior. Individual comment will be limited to five minutes per person. Citizens who desire to address the alliance with more detailed comments are asked to do so in writing, one week in advance to allow the committee to become familiar with the subject. The public shall not be recognized at other times than those called for herein.

I. Roll Call

Christopher Jennings	
Carol Manning	
Karen Lore	
Frank Grauso	
Rev. Joel Hubbard	
Judy Fischman	
Paula Peikes (Chair)	
Sarah Cruz	
Shakira Drones	
Dina Pressel (Coordinator)	
Michael Scurman	
Jody Polidoro	

II. Approval of previous meeting minutes from March 18, 2021 meeting

III. Budget

- FY 2021 (Oct 1, 2020 to June 30, 2021) Budget

ALLIANCE BUDGET							
Alliance Name: Bloomfield		County: Essex		Grant Year: 2021		Last Updated: 6/3/2021	
PROGRAM	DEDR AWARD TOTAL	DEDR			CASH MATCH	IN-KIND	PROGRAM TOTAL
		PERSONNEL/TWP EMPLOYEE	CONSULTANT	OTHER DIRECT COST			
Alliance Coordination	1,518.75	1,500.00	0.00	18.75	1,606.25	0.00	3,125.00
Summer Prevention/Enrichme	0.00	0.00	0.00	0.00		0.00	0.00
Mental Health Programming	7,000.00	0.00	1,951.00	5,049.00		0.00	7,000.00
DARE	1,606.25	0.00	0.00	1,606.25	925.00	7,593.75	10,125.00
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TOTAL EXPENSES	10,125.00	1,500.00	1,951.00	6,674.00	2,531.25	7,593.75	20,250.00

- FY 2022 (July 1, 2021 to June 30, 2022)

ALLIANCE BUDGET							
Alliance Name: Bloomfield		County: Essex		Grant Year: 2022		Last Updated: 5/7/2021	
PROGRAM	DEDR AWARD TOTAL	DEDR			CASH MATCH	IN-KIND	PROGRAM TOTAL
		PERSONNEL/TWP EMPLOYEE	CONSULTANT	OTHER DIRECT COST			
Alliance Coordination	2,000.00	2,000.00					2,000.00
Summer Prevention/Enrichme	3,500.00	3,500.00					3,500.00
Mental Health Programming	8,000.00		3,500.00	4,500.00			8,000.00
DARE	0.00				3,375.00	10,125.00	13,500.00
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	0.00						0.00
TOTAL EXPENSES	13,500.00	5,500.00	3,500.00	4,500.00	3,375.00	10,125.00	27,000.00

IV. **FY 2021 Funding Includes:**

- **NJPN Conference** – attended by 4 BMAC members
- **Collaboration with Bloomfield Public Library** - Addiction resources (books, DVDs, ebooks) have been purchased and added for circulation
- **Bloomfield High School Crisis Counselor** – variety of activities including suicide prevention walk & mental health awareness
- **DARE Day**
- **BHS Senior Picnic**
- **Hooked on Fishing, Not on Drugs Event**

V. **Educational Sessions**

- **Bloomfield Student Athlete Town Hall Event (Virtual) - April 29 @ 6pm**
We're joining ADAPT and the Essex County Prosecutor's Office to provide an opportunity for our community to learn more about preventing opioid misuse/abuse among student athletes and adults with chronic pain. Will include 2 local speakers: Dr. Mehta (Board Certified Pediatrics and Sports Medicine) & Carli McMorrow (Athletic Trainer)
- **Be Part Of The Solution: Get Help To Prevent & Treat Addiction**
 - April: Lucio Volino, Pharm.D: Seniors & Medication Misuse
 - August: Daniel J. Trolaro: types of gambling addiction & the connection with other forms such as video gaming

VI. Social Media Posts (since previous meeting)

Join us via Zoom for a discussion on current trends of vaping and marijuana use among youth, preventative efforts families can take to reduce risk of substance use by their children, and current information about legalization of marijuana in New Jersey.

March 18, 2021 at 6 pm – Please see attached flier for Zoom link


Today is National Prescription Take Back Day.

The DEA's Take Back Day events provide an opportunity for Americans to prevent drug addiction and overdose deaths.


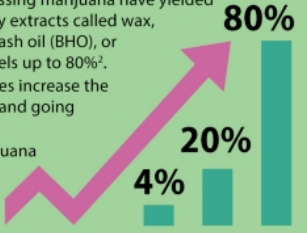
It provides a safe, convenient, and anonymous means of disposing of prescription drugs.

Learn more here: <https://takebackday.dea.gov/>

Marijuana: Know the Truth Impacts of Legalization



- Marijuana Potency**
 - Marijuana potency has risen from 4% in 1995 to 20% in 2015¹.
 - New methods of processing marijuana have yielded extremely high potency extracts called wax, shatter, dabs, butane hash oil (BHO), or honey oil, with THC levels up to 80%².
 - Potent marijuana edibles increase the chance THC poisoning and going to the ER³.
 - In 2018 vaping of marijuana has increased across grades 8th - 10th⁴.
- Addiction**
 - 9% of people who try marijuana become addicted^{5,6,7}.
 - Marijuana addiction is 17% (or 1 in 6) for those who start using as a teen^{5,6,7}.
 - 20-50% of daily marijuana users become addicted^{5,6,7}.
- Physical Health Effects**
 - Like tobacco, marijuana smoke irritates the lungs causing breathing difficulties, chronic coughing, bronchitis, and pneumonia^{22,23}.
 - Marijuana use nearly doubles the risk of testicular cancer²⁴.
- Mental Health Effects**
 - Marijuana stimulates the brain causing altered thinking, memory, brain development, hallucinations, and psychosis⁸.
 - Adolescents with heavy marijuana use lose an average of 8-10 IQ points⁹.
 - People with mental illness suffer an increase in depressed mood and anxiety when they use marijuana¹⁰.
 - Marijuana induces anxiety, psychosis, and schizophrenia in those with no mental illness¹⁰.
 - Youth who used marijuana 3 times or more by age 18 were more likely to have a depressive disorder at age 26¹¹.
 - Marijuana use was significantly associated with worse recovery for depression and anxiety symptoms and mental health functioning compared with patients not using marijuana¹².
 - Daily adolescent users were 18 times more likely to become dependent on marijuana, 7 times more likely to attempt suicide and 8 times more likely to use other illegal drugs in the future¹³.
 - People smoking marijuana before age 17 were 3.5 times more likely to attempt suicide than those who started smoking marijuana later in life¹⁴.



Online Mental Health Resources

<https://www.getsmartaboutdrugs.gov/family/online-mental-health-resources>



VII. Guest Speaker

Ratna Joshi-Nelson , Family Coordinator, Care Plus NJ

BMAC... **Think Different** ...Think Prevention

